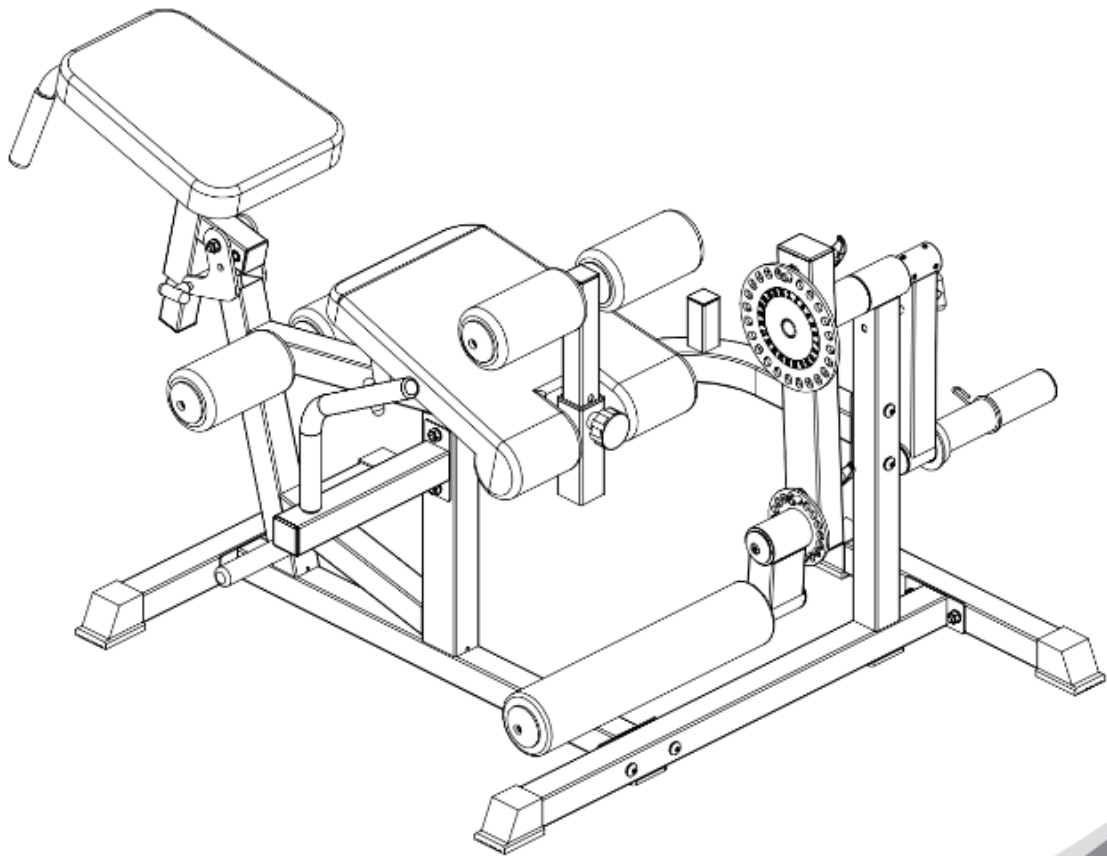


Newton Fitness Black Series BLK-60 Multi Functional Leg extension

Montage handleiding



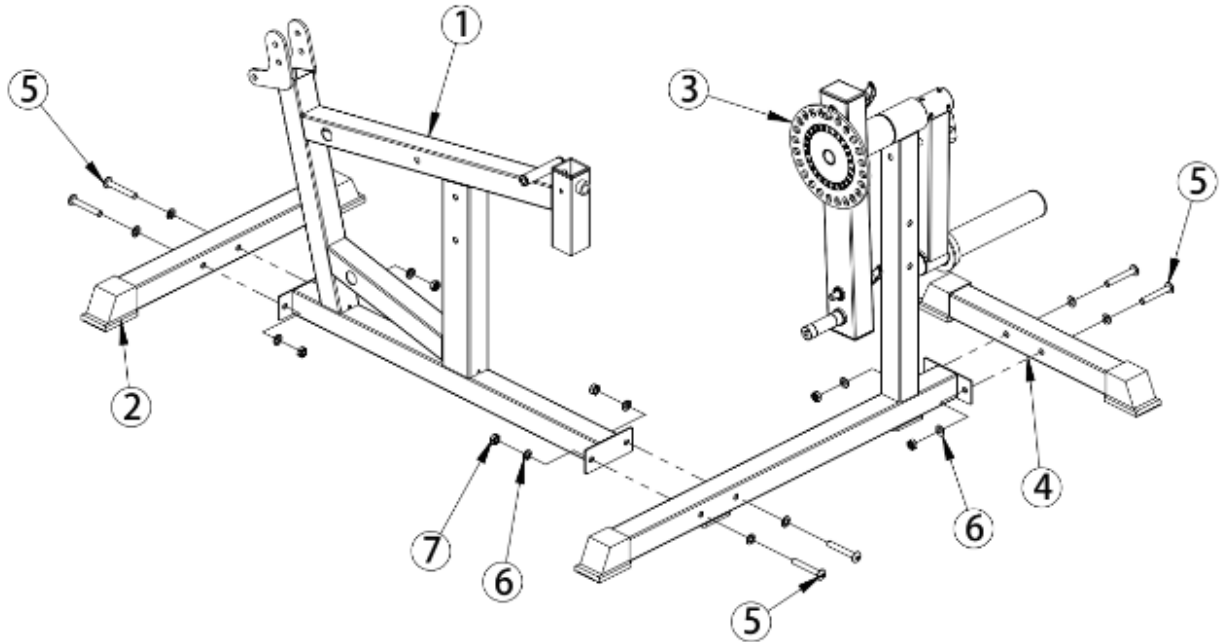
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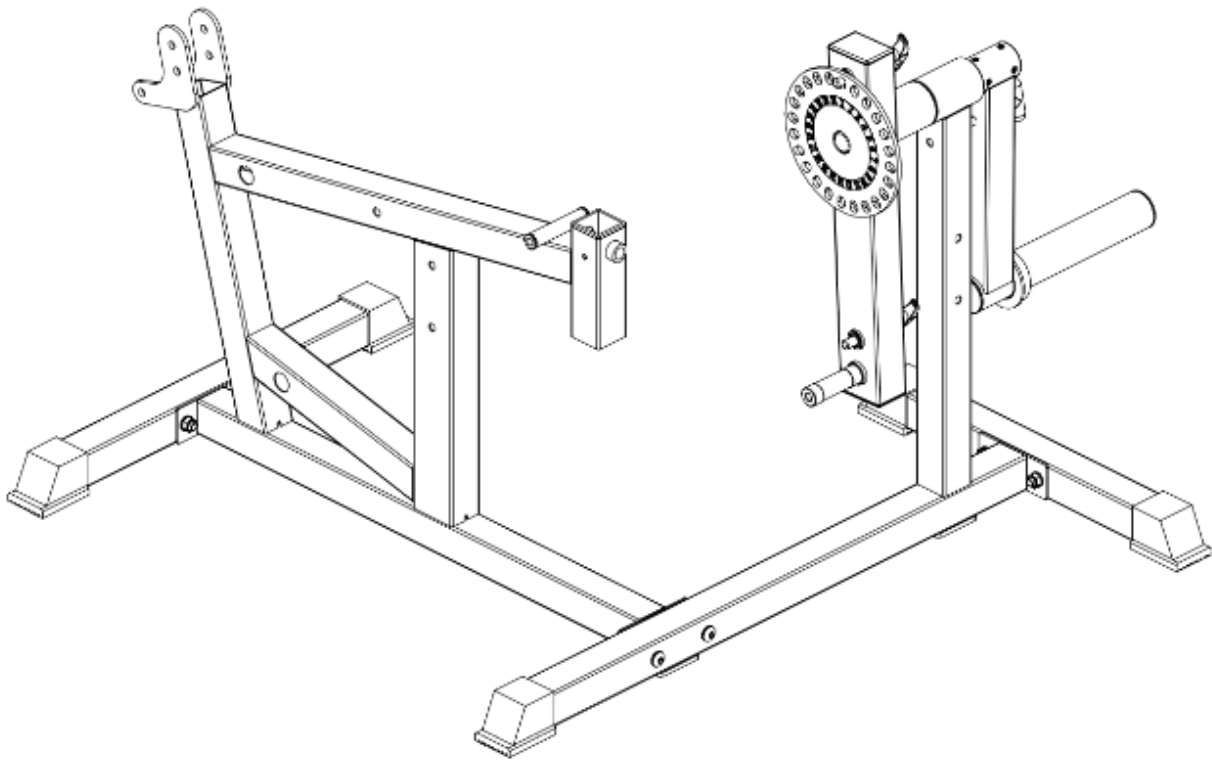
Onderdelen lijst

No.	Description	Note	Qty.
1	upright frame		1
2	base frame long		1
3	upright frame with selector plate		1
4	base frame short		1
5	button head socket screw	M10x70	12
6	washer	Φ10	26
7	lock nut	M10	13
9	bending tube		1
10	handle left		1
11	handle right		1
12	leg press tube		1
13	button head socket screw	M10x25	1
14	end cap		1
15	seat pad		1
16	T shape pin	Φ10x100	1
17	seat pad tube		1
18	button head socket screw	M8x40	4
19	washer	Φ8	8
20	shaft	Φ10x211	1
21	selector tube		1
22	foam		4
23	foam outer cap		4
24	foam inner cap		4
25	leg foam rod cover	Φ25x185	2
26	leg foam rod	Φ25x410	1
27	foam rod	Φ25x410	2
28	locking spring knob		2
29	button head socket screw	M8x25	4
30	back pad adjuster frame		1
31	back pad tube		1
32	T shape pin	Φ10x85	1
33	button head socket screw	M10x80	1
34	back pad		1
35	button head socket screw		4
36	spring collar		1

Montage step 1



No.	Description	Note	Qty.
1	upright frame		1
2	base frame long		1
3	upright frame with selector plate		1
4	base frame short		1
5	button head socket screw	M10x70	6
6	washer	Φ10	12
7	lock nut	M10	6

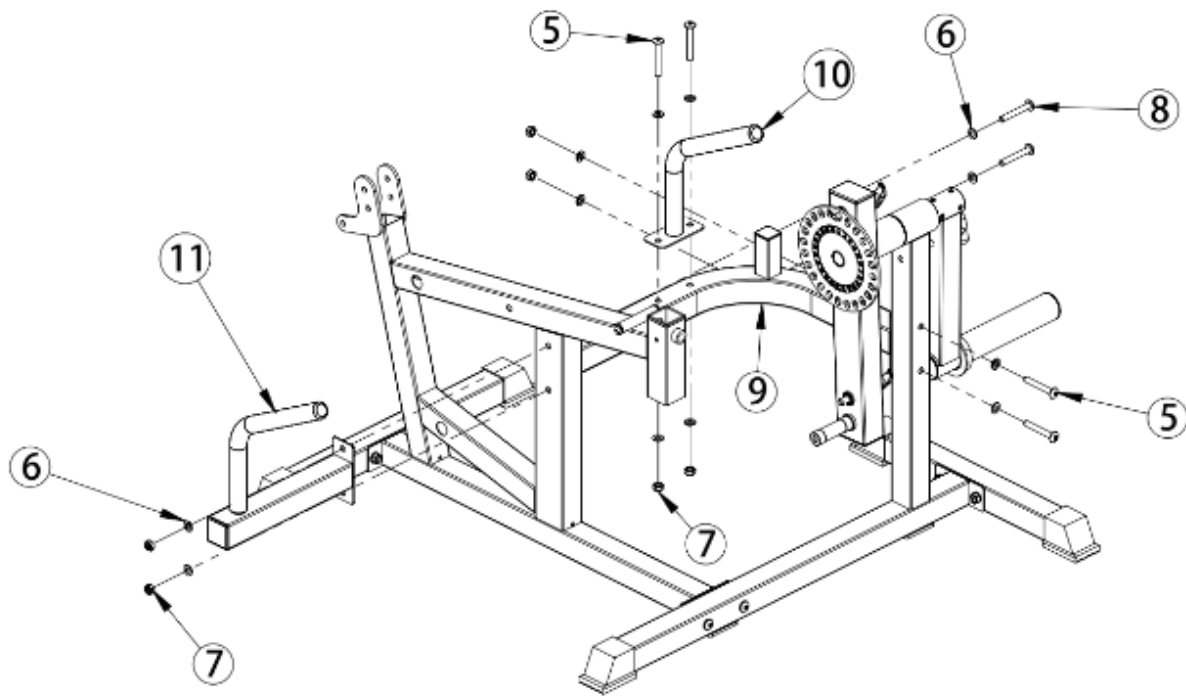


1 Bevestig base frame long-2 op upright frame-1 met M10x65 inbusbout 5, $\Phi 10$ ring-6 en M10 borgmoer-7.

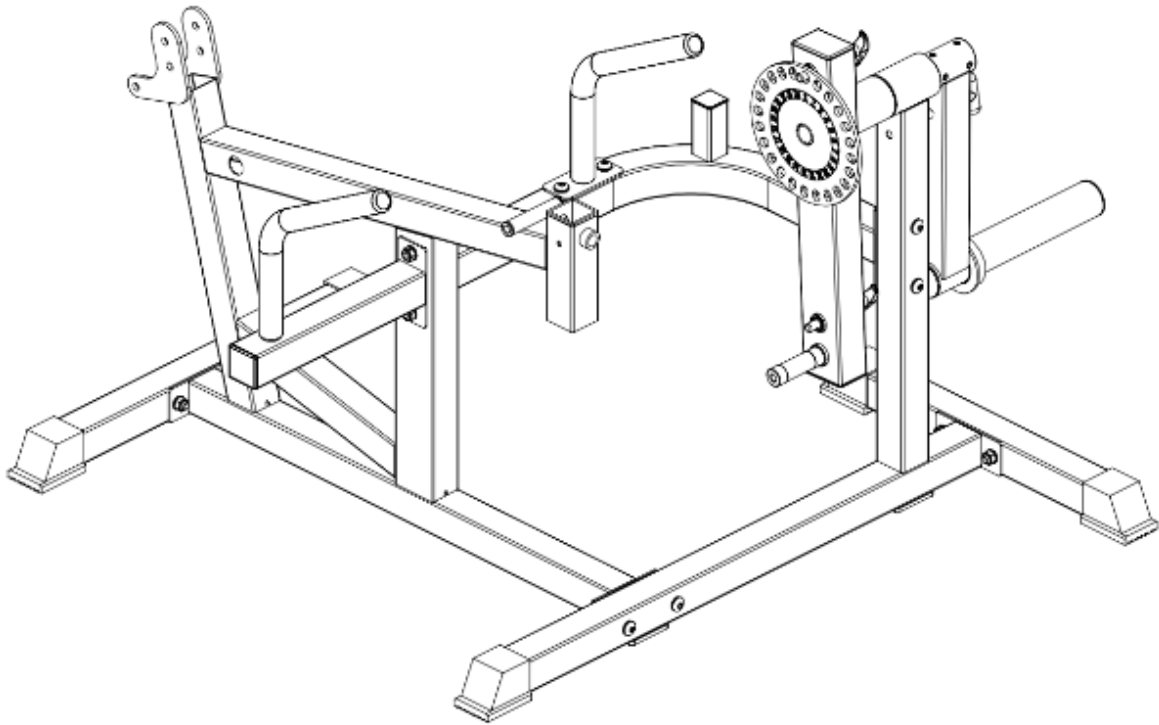
2 Bevestig het upright frame met selector plate-3 aan upright frame-1 met M10x65 kopschroef-5, $\Phi 10$ ring-6 en M10 borgmoer-7.

3 Bevestig base frame short-4 op upright frame met selector plate-3 met M10x65 inbusbout-5, onderlegring-6 en borgmoer-7.

Step 2



No.	Description	Note	Qty.
5	button head socket screw	M10x70	6
6	washer	Φ10	12
7	lock nut	M10	6
9	bending tube		1
10	handle left		1
11	handle right		1

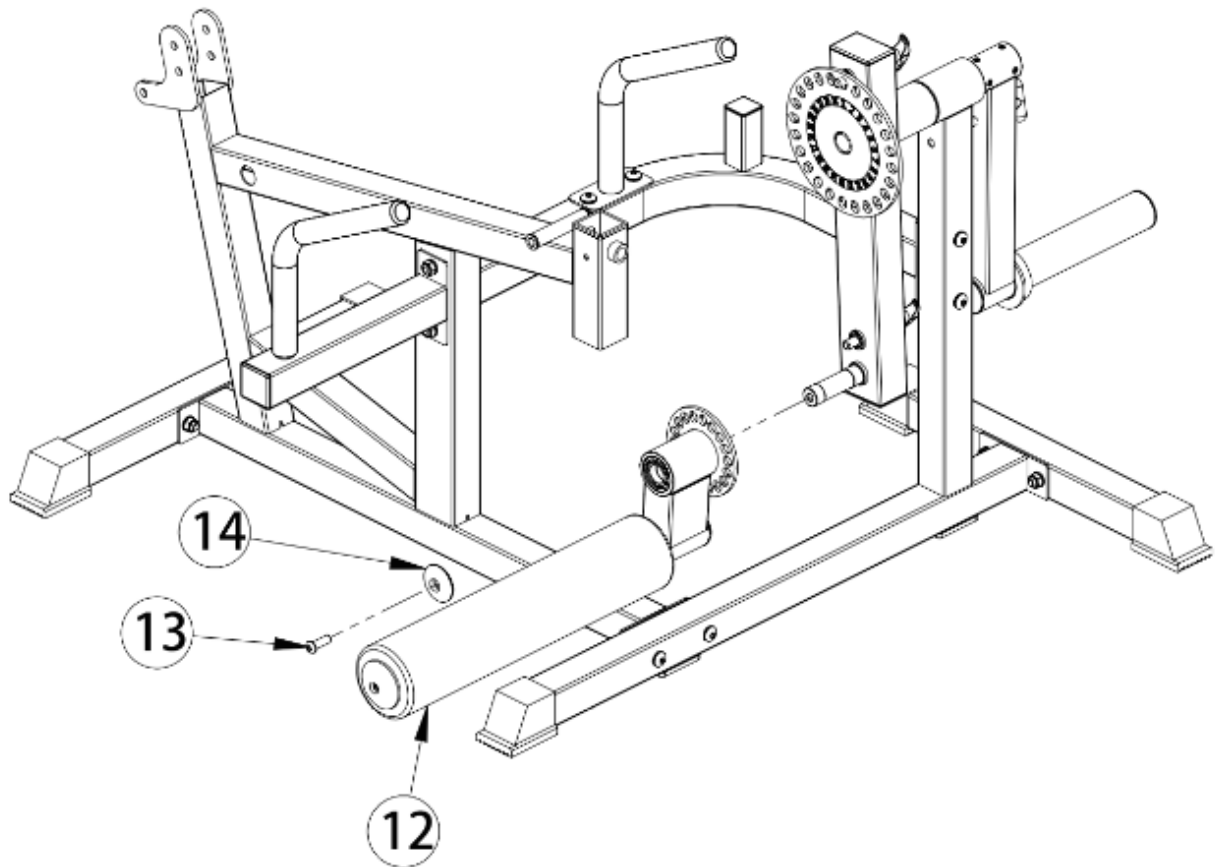


1 Bevestig bending tube-9 aan één kant aan het main frame met M10x70 inbusbout-5, $\Phi 10$ sluitring-6 en M10 borgmoer-7.
schroef-5, $\Phi 10$ ring-6 en M10 borgmoer-7.

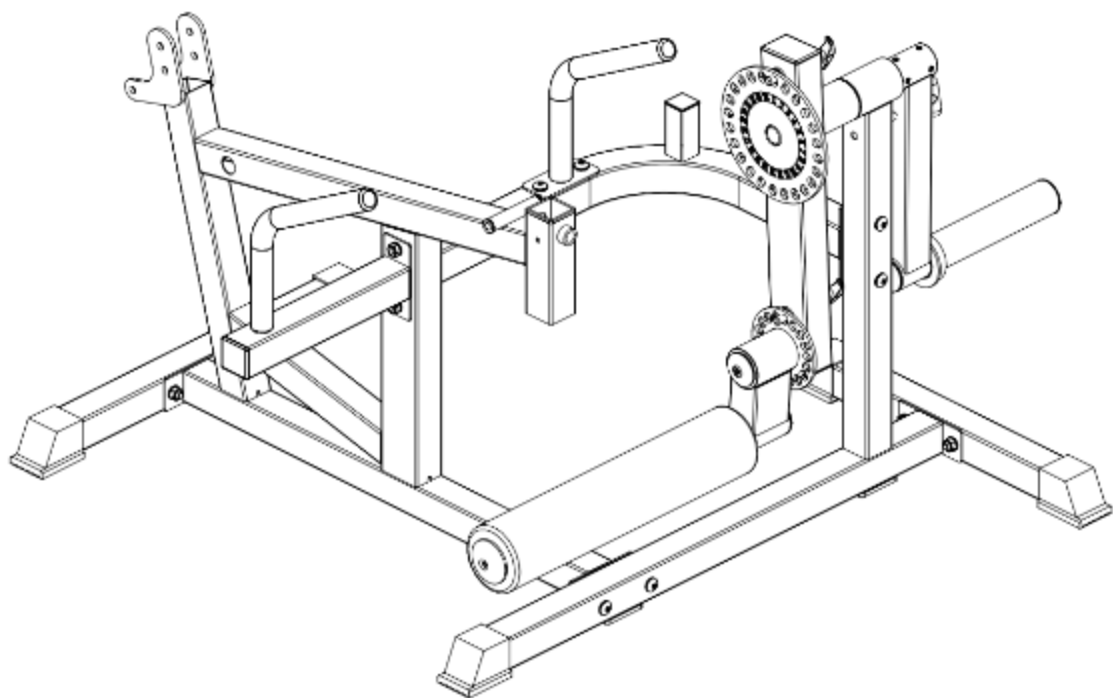
2 Bevestig de andere kant van bending tube-9 en handle right-11 aan het main frame met M10x70.
inbusbout-5, $\Phi 10$ sluitring-6 en M10 borgmoer-7.

3 Bevestig handle left-10 aan de bending tube-9 met M10x70 button head socket screw-5, $\Phi 10$ ring-6 en M10 borgmoer-7.

Step 3

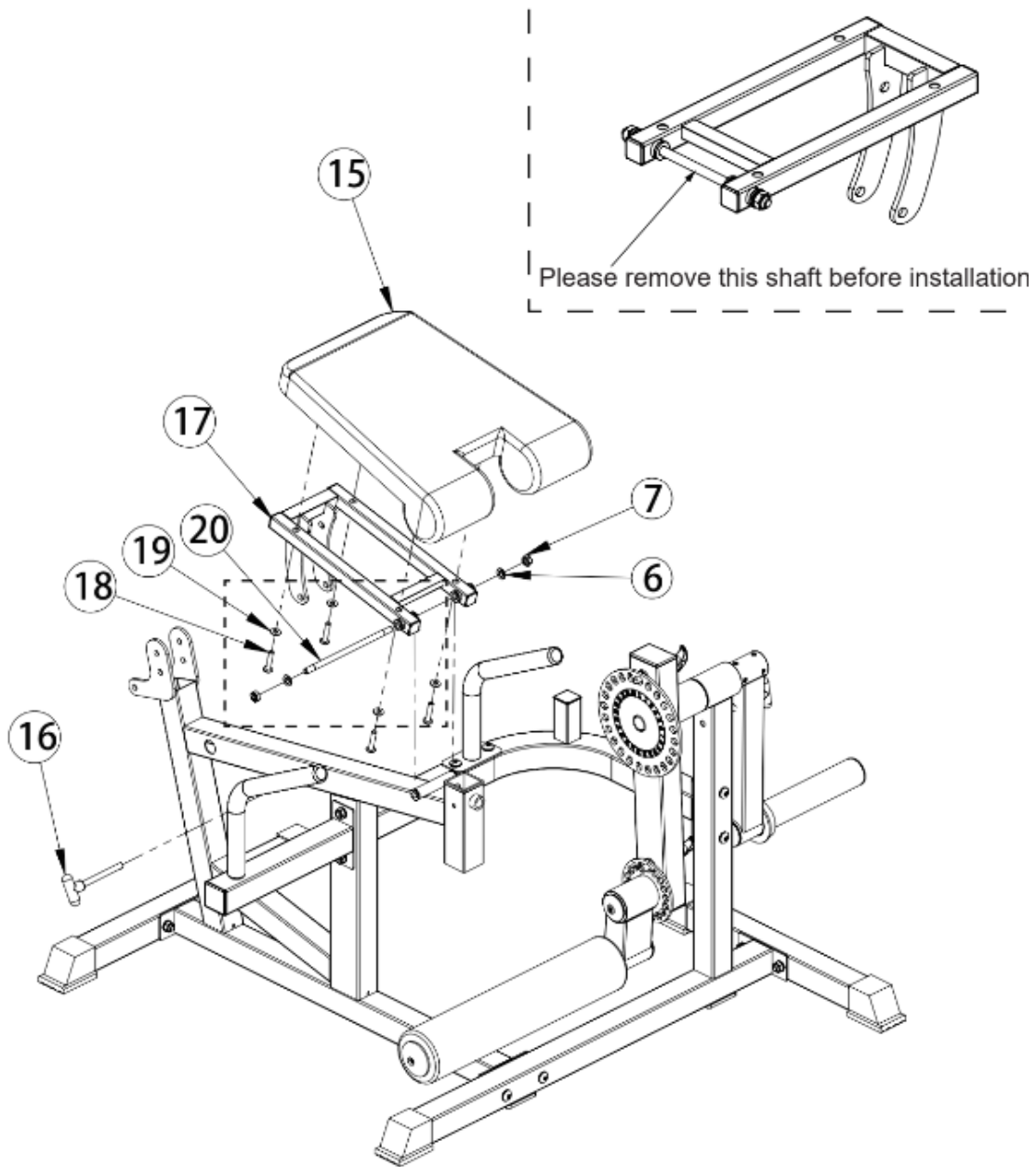


No.	Description	Note	Qty.
12	leg press tube		1
13	button head socket screw	M10x25	1
14	end cap		1

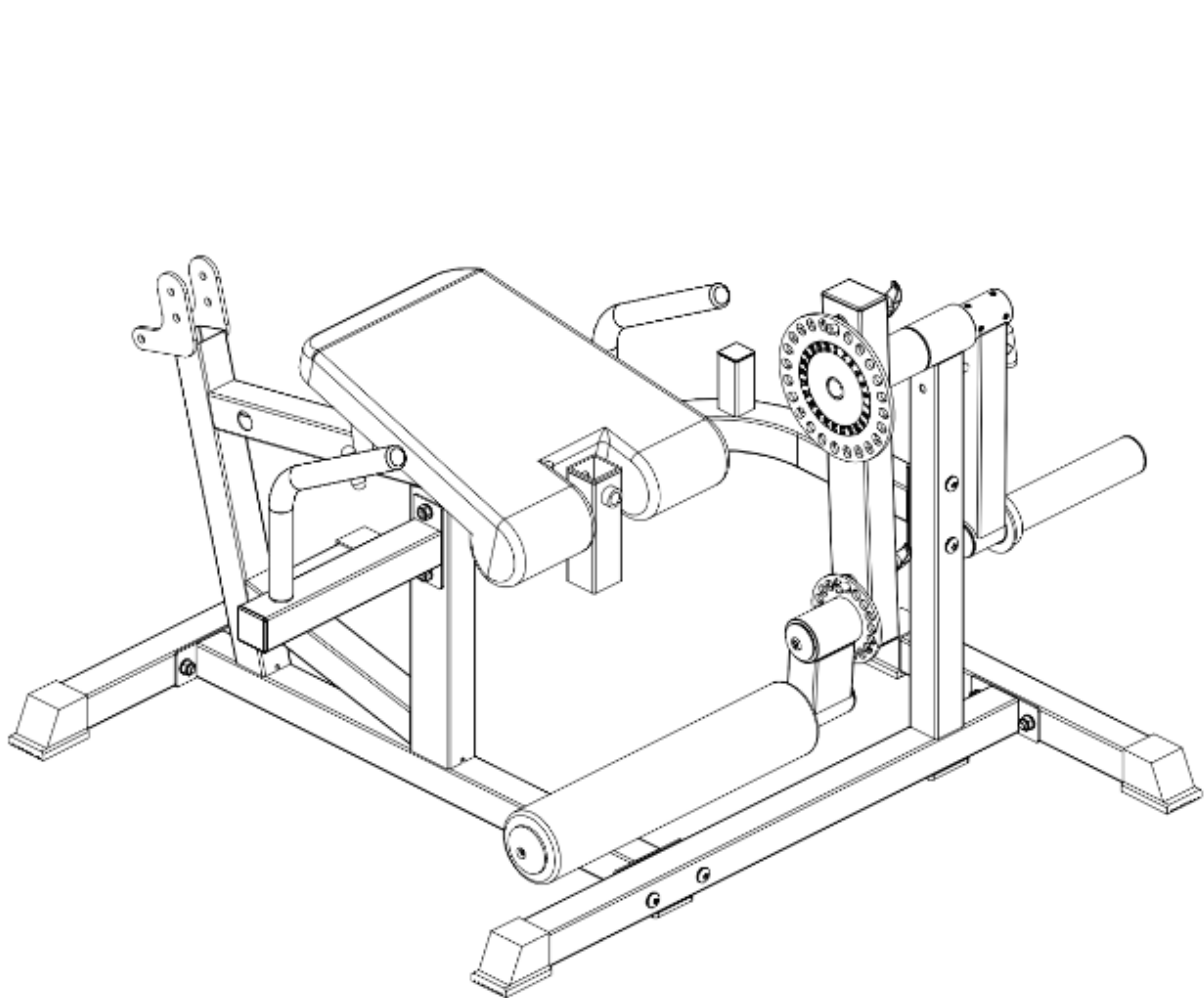


Bevestig de leg press tube-12 aan het main frame met M10x25 inbusbout-13.
en end cap-14

Step 4



No.	Description	Note	Qty.
15	seat pad		1
16	T shape pin	$\Phi 10 \times 100$	1
17	seat pad tube		1
18	button head socket screw	M8x40	4
19	washer	$\Phi 8$	4
20	shaft	$\Phi 10 \times 211$	1



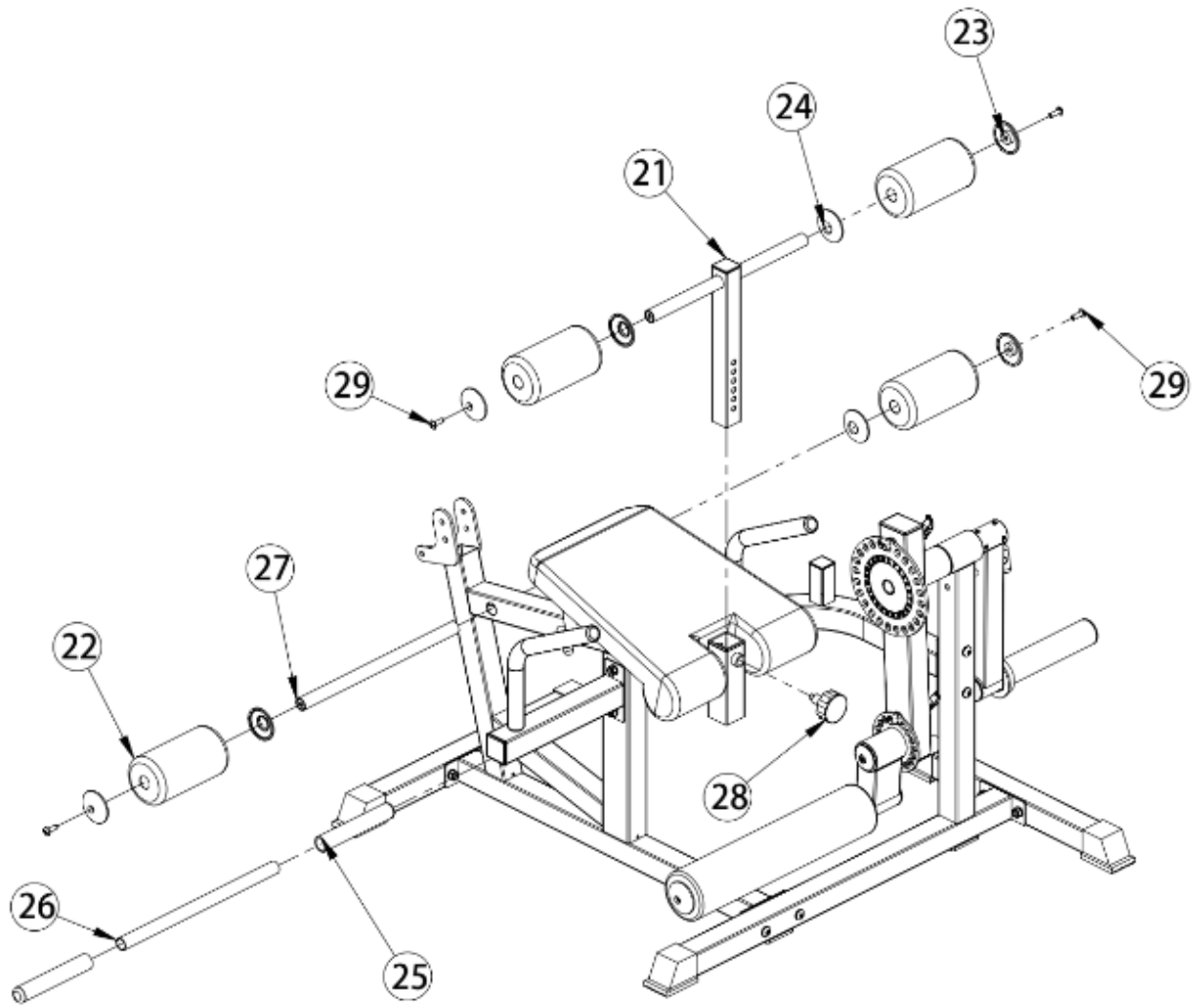
1 Bevestig de seat pad tube-17 aan het main frame met behulp van de shaft-20, $\Phi 10$ ring-6 en M10 borgmoer-7.

Moer-7

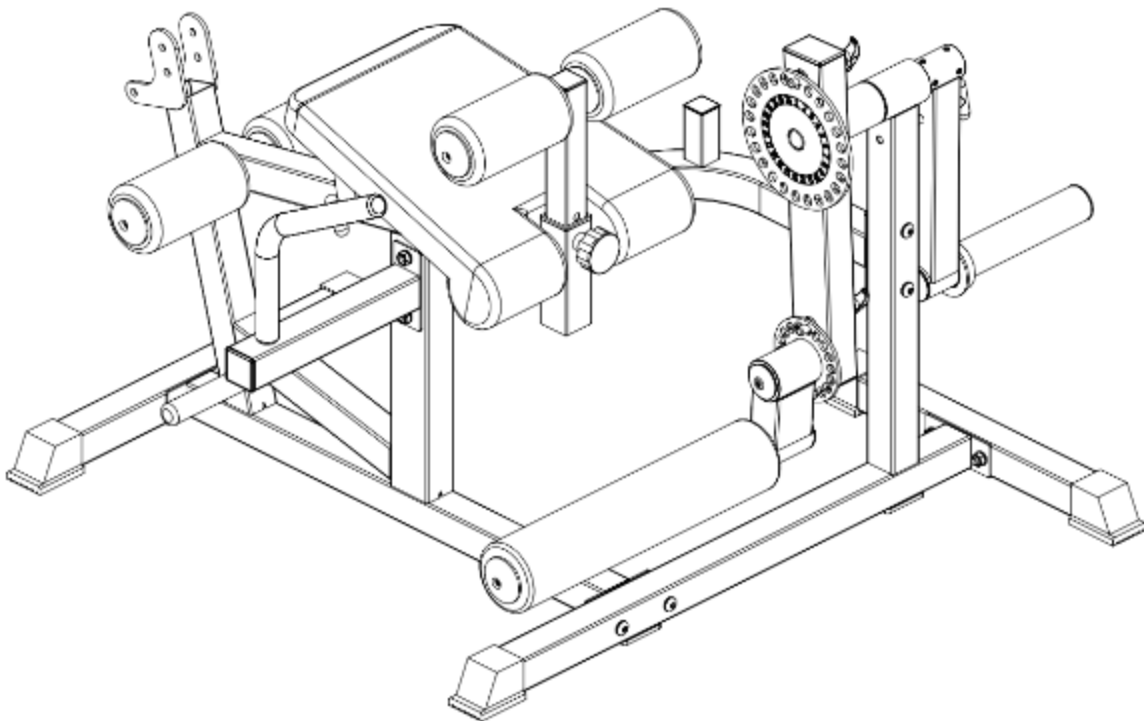
2 Bevestiging van seat pad-15 op de seat pad tube-17 met behulp van M8x40 inbusbout-18, $\Phi 8$ sluitring-19

3 Plaats de T shape pin-16 in seat pad tube-17.

Step 5



No.	Description	Note	Qty.
21	selector tube		1
22	foam		4
23	foam outer cap		4
24	foam inner cap		4
25	leg foam rod cover	Φ25x185	2
26	leg foam rod	Φ25x410	1
27	foam rod	Φ25x410	2
28	locking spring knob		1
29	button head socket screw	M8x25	4



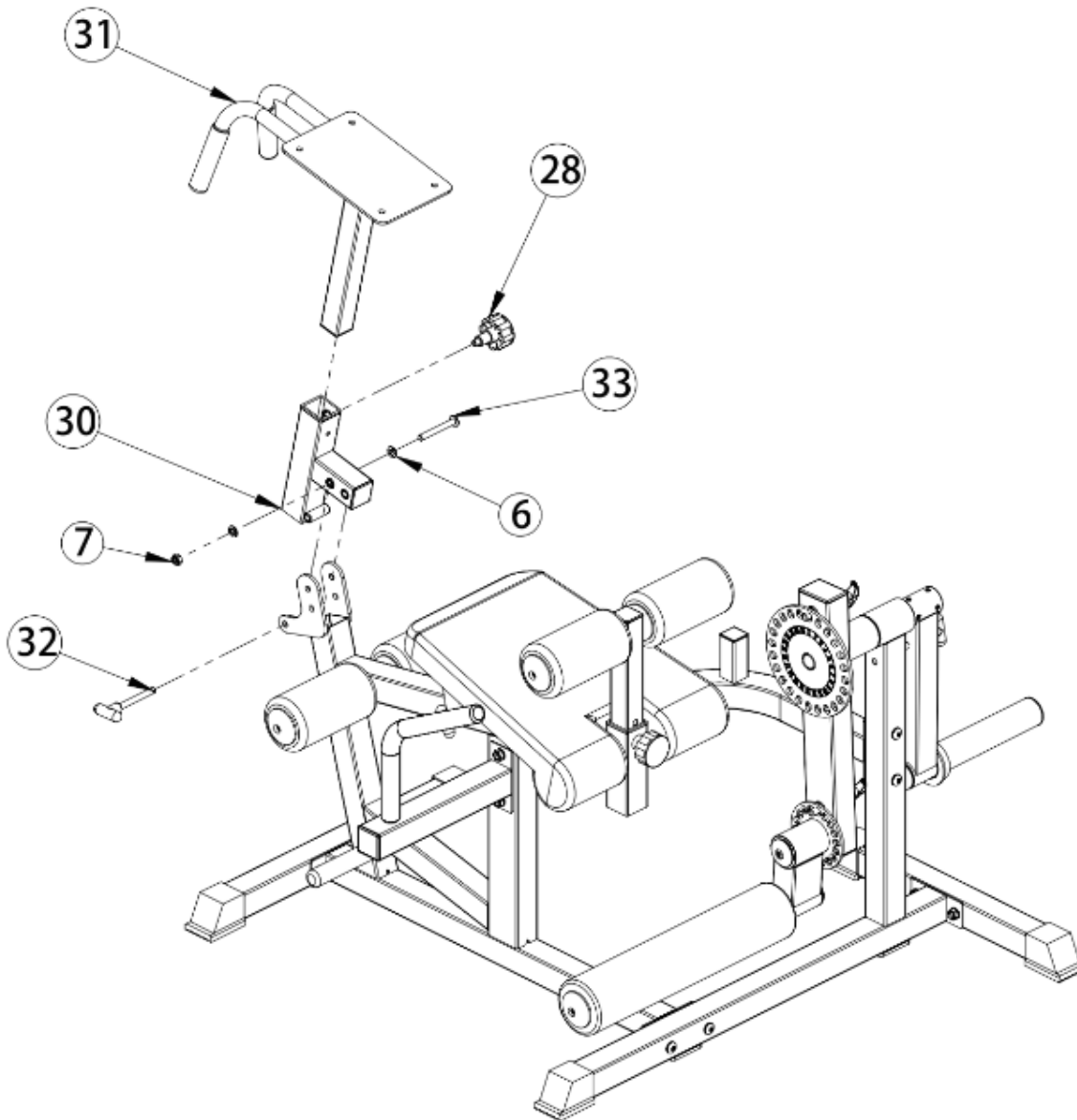
1 Bevestig sfoam inner cap-24,foam-22,foam outer cap-23, button head socket screw-29 fastening op selector tube-21

Bevestiging van selector tube-21 op main frame met locking spring knob-28

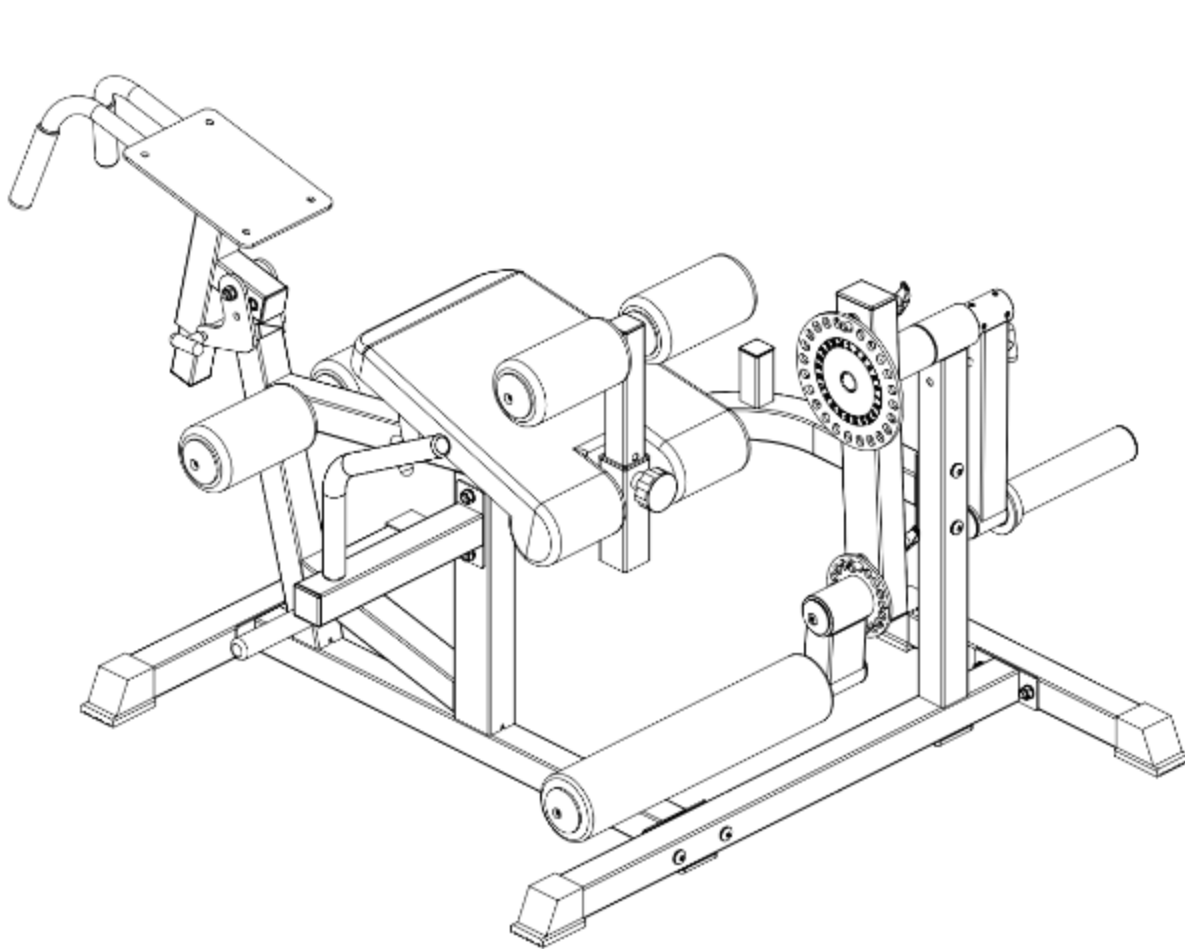
2 foam rod-27 vastzetten met foam inner cap-24,foam-22,foam outer cap-23, button head socket schroef-29 bevestiging op het mainframe

3 leg foam rod-26 en leg foam rod cover-25 op het main frame bevestigen.

Step 6



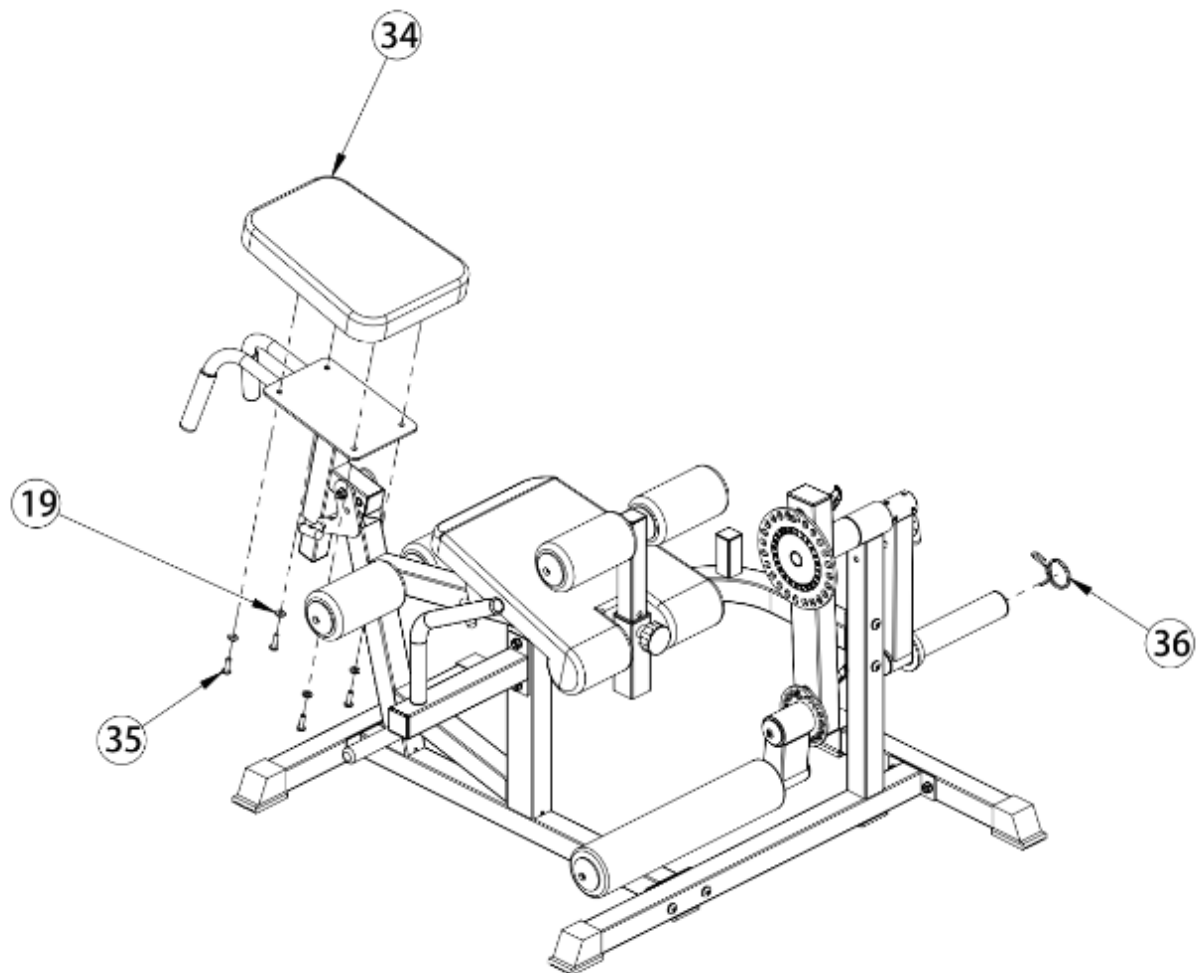
No.	Description	Note	Qty.
6	washer	Φ10	2
7	lock nut	M10	1
28	locking spring knob		1
30	back pad adjuster frame		1
31	back pad tube		1
32	T shape pin	Φ10x85	1
33	button head socket screw	M10x80	1



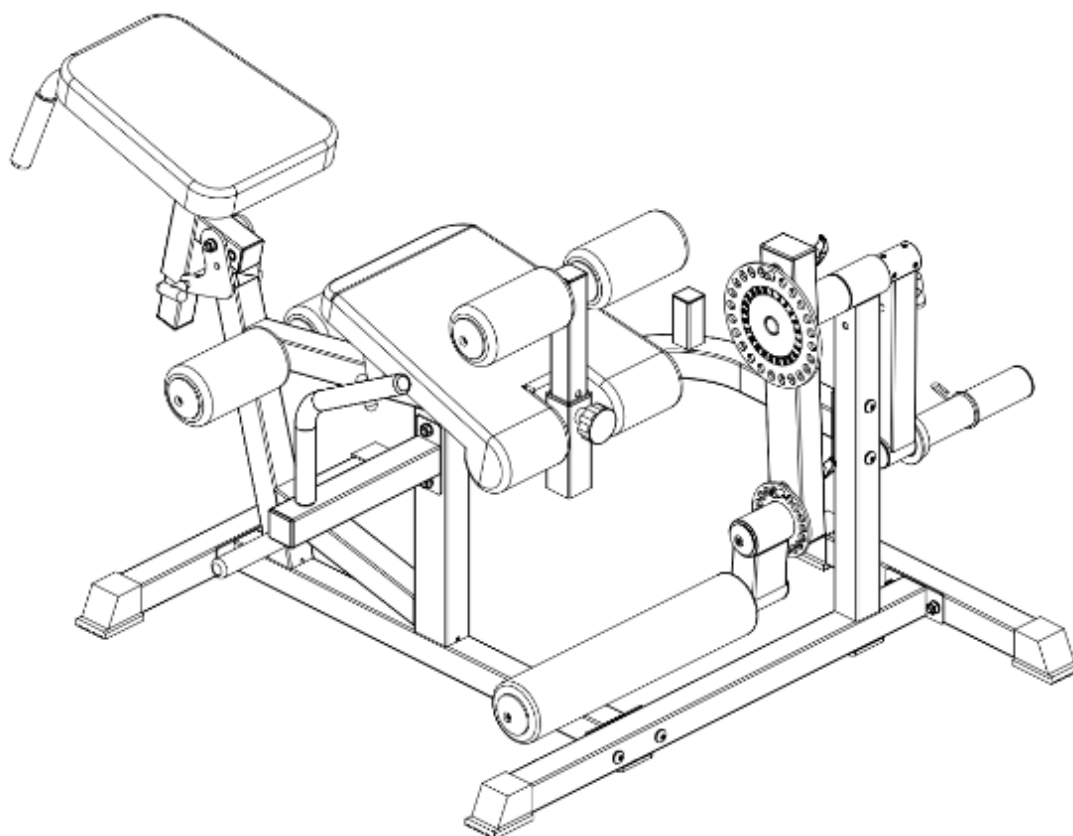
1 Bevestig de back pad adjuster frame-30 op het main frame met M10x80 inbusbout-33, $\Phi 10$ sluitring-6 en M10 borgmoer-7.

2 Bevestig de back pad tube-31 aan het main frame met locking spring knob-28

Stap 7



No.	Description	Note	Qty.
19	washer	Φ8	4
34	back pad		1
35	button head socket screw	M8x20	4
36	spring collar		1



Bevestig back pad-34 aan de buis op back pad tube met M8x20 inbusbout-35, $\Phi 8$ sluitring-19