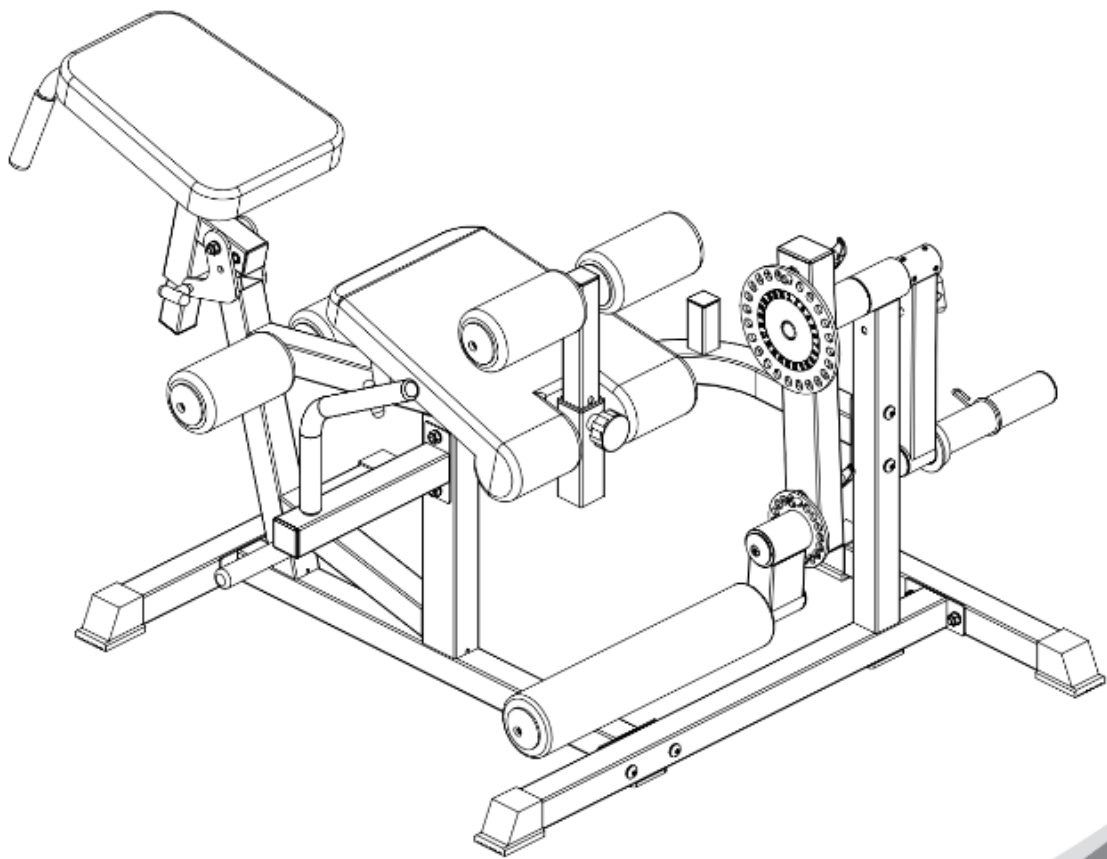


Newton Fitness Black Series BLK-60 Multi Functional Leg extension

Assembly guide



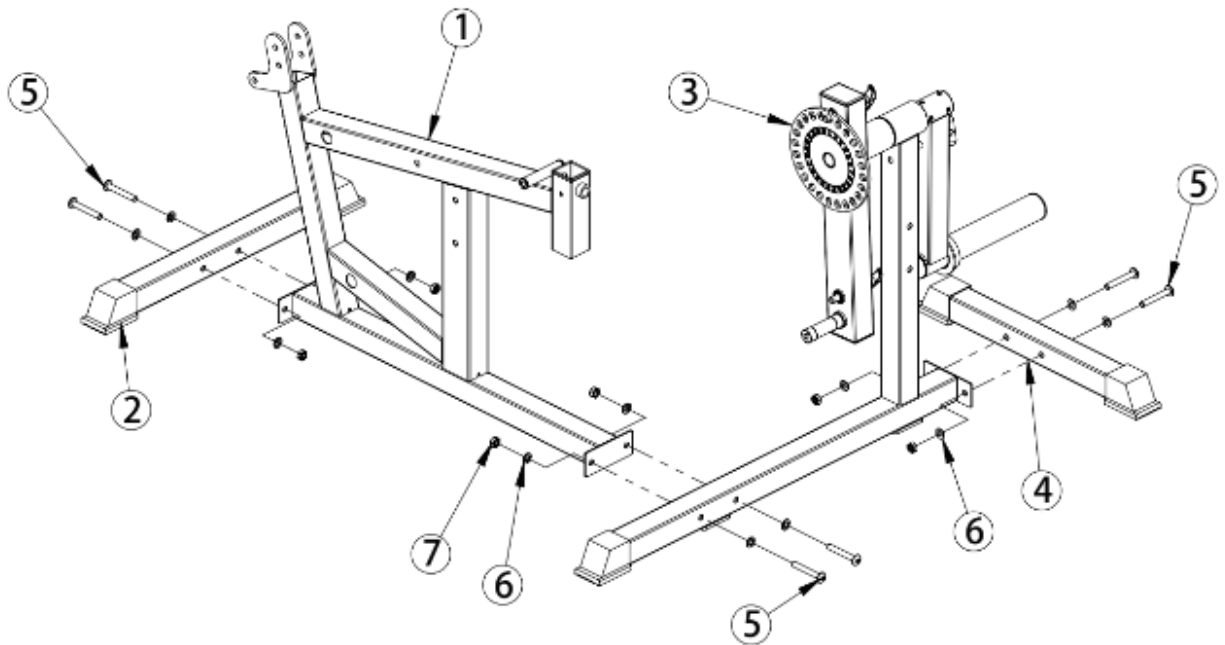
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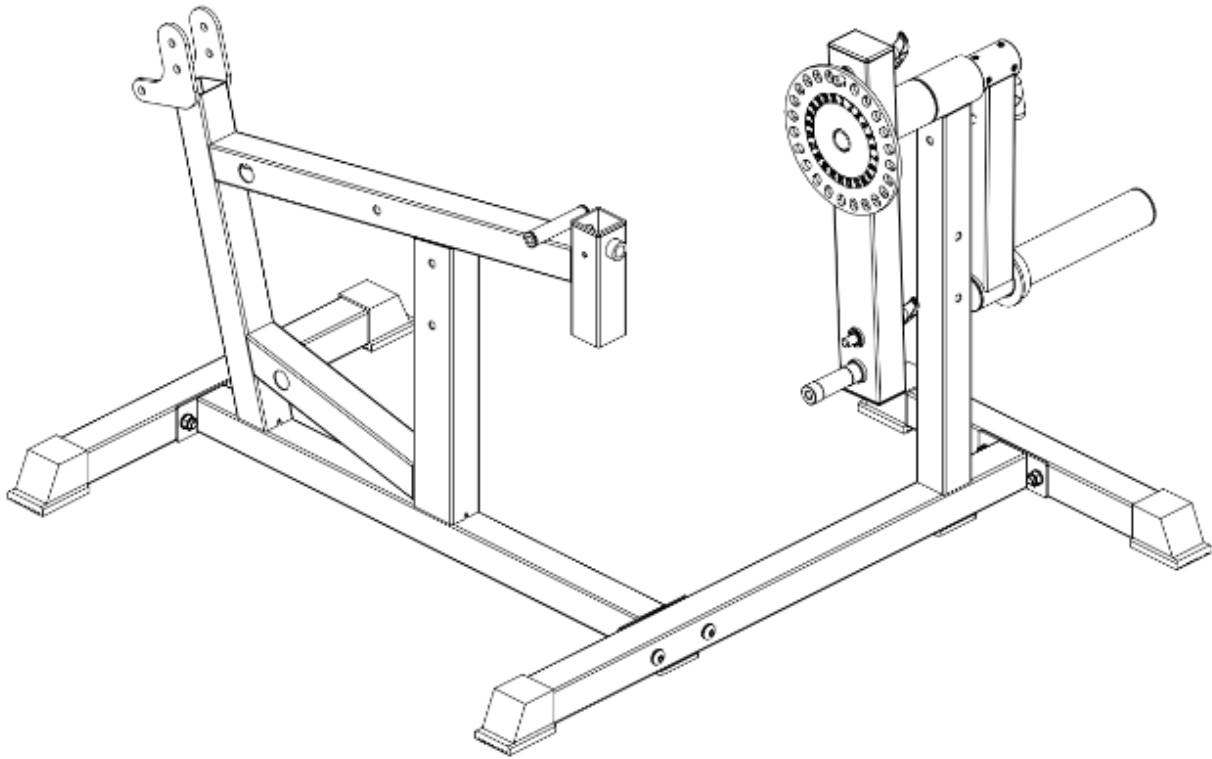
Parts list

No.	Description	Note	Qty.
1	upright frame		1
2	base frame long		1
3	upright frame with selector plate		1
4	base frame short		1
5	button head socket screw	M10x70	12
6	washer	Φ10	26
7	lock nut	M10	13
9	bending tube		1
10	handle left		1
11	handle right		1
12	leg press tube		1
13	button head socket screw	M10x25	1
14	end cap		1
15	seat pad		1
16	T shape pin	Φ10x100	1
17	seat pad tube		1
18	button head socket screw	M8x40	4
19	washer	Φ8	8
20	shaft	Φ10x211	1
21	selector tube		1
22	foam		4
23	foam outer cap		4
24	foam inner cap		4
25	leg foam rod cover	Φ25x185	2
26	leg foam rod	Φ25x410	1
27	foam rod	Φ25x410	2
28	locking spring knob		2
29	button head socket screw	M8x25	4
30	back pad adjuster frame		1
31	back pad tube		1
32	T shape pin	Φ10x85	1
33	button head socket screw	M10x80	1
34	back pad		1
35	button head socket screw		4
36	spring collar		1

Assembly step 1



No.	Description	Note	Qty.
1	upright frame		1
2	base frame long		1
3	upright frame with selector plate		1
4	base frame short		1
5	button head socket screw	M10x70	6
6	washer	Φ10	12
7	lock nut	M10	6

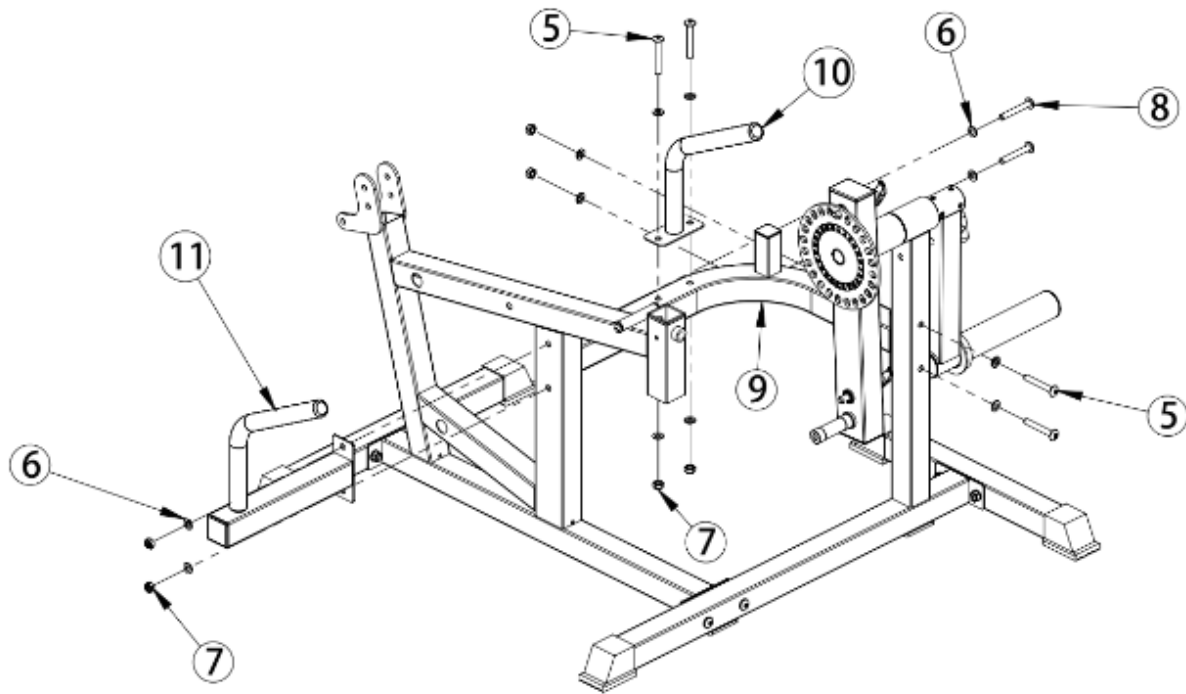


1 Fix base frame long-2 fastening on upright frame-1 using M10x65 button head socket screw-5, $\Phi 10$ washer-6 and M10 lock nut-7

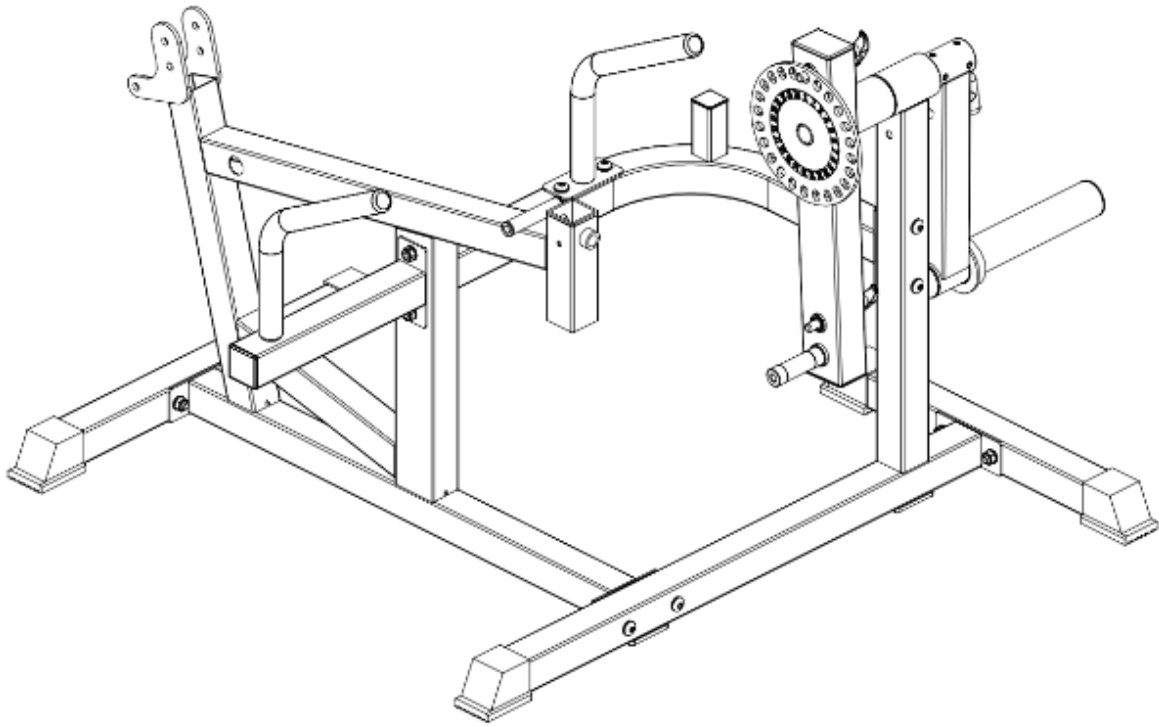
2 Fix upright frame with selector plate-3 fastening on upright frame-1 using M10x65 button head socket screw-5, $\Phi 10$ washer-6 and M10 lock nut-7

3 Fix base frame short-4 fastening on upright frame with selector plate-3 using M10x65 button head socket screw-5, $\Phi 10$ washer-6 and M10 lock nut-7

Step 2



No.	Description	Note	Qty.
5	button head socket screw	M10x70	6
6	washer	Φ10	12
7	lock nut	M10	6
9	bending tube		1
10	handle left		1
11	handle right		1

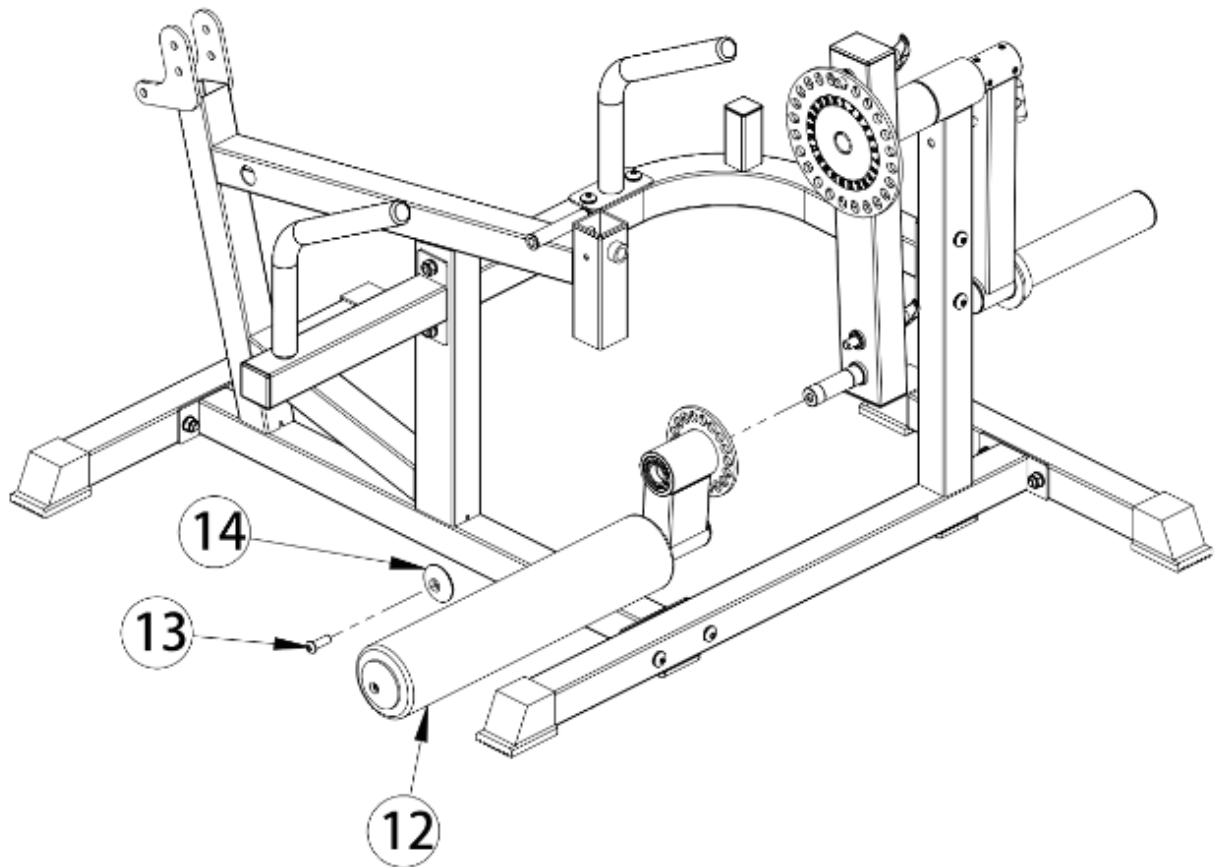


1 Fix bending tube-9 one end fastening on main frame using M10x70 button head socket screw-5, $\Phi 10$ washer-6 and M10 lock nut-7

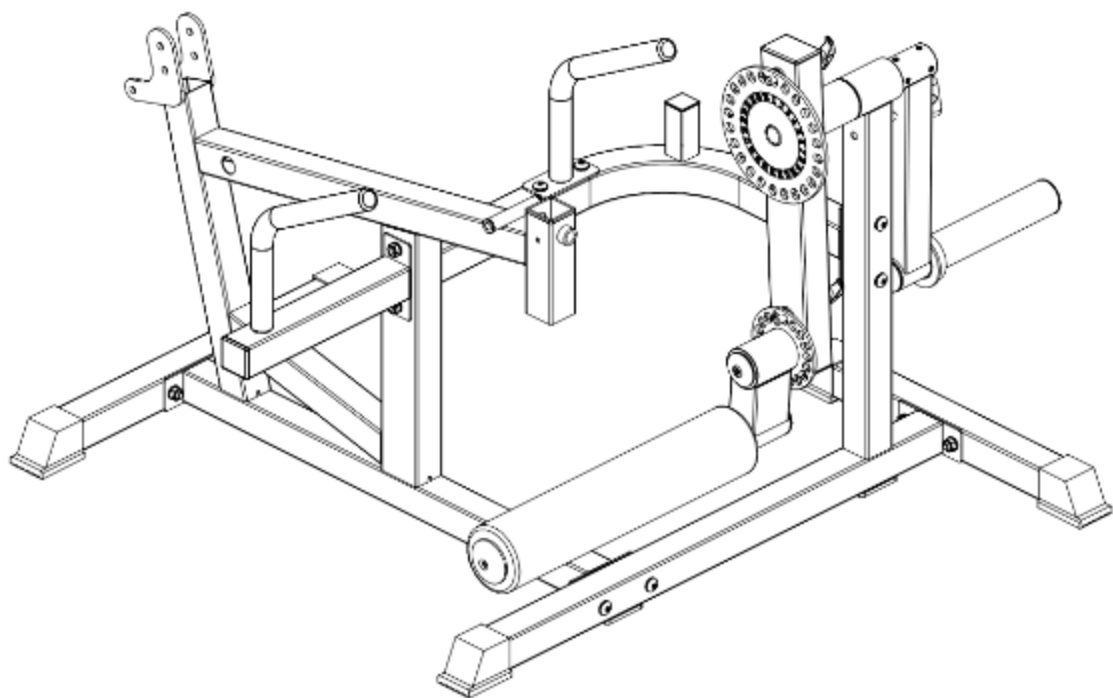
2 Fix bending tube-9 other end and handle right-11 fastening on main frame using M10x70 button head socket screw-5, $\Phi 10$ washer-6 and M10 lock nut-7

3 Fix handle left-10 fastening on bending tube-9 using M10x70 button head socket screw-5, $\Phi 10$ washer-6 and M10 lock nut-7

Step 3

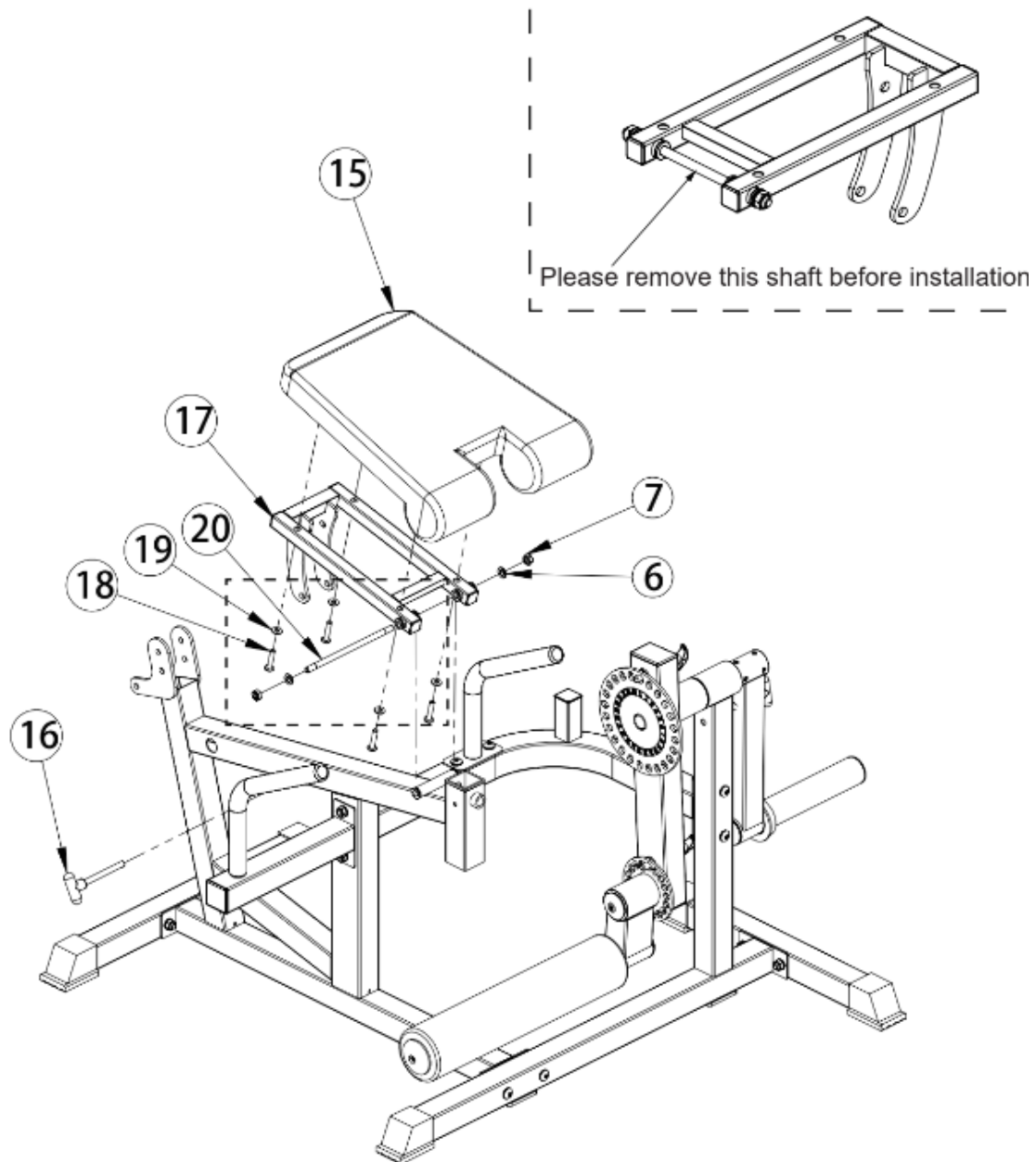


No.	Description	Note	Qty.
12	leg press tube		1
13	button head socket screw	M10x25	1
14	end cap		1

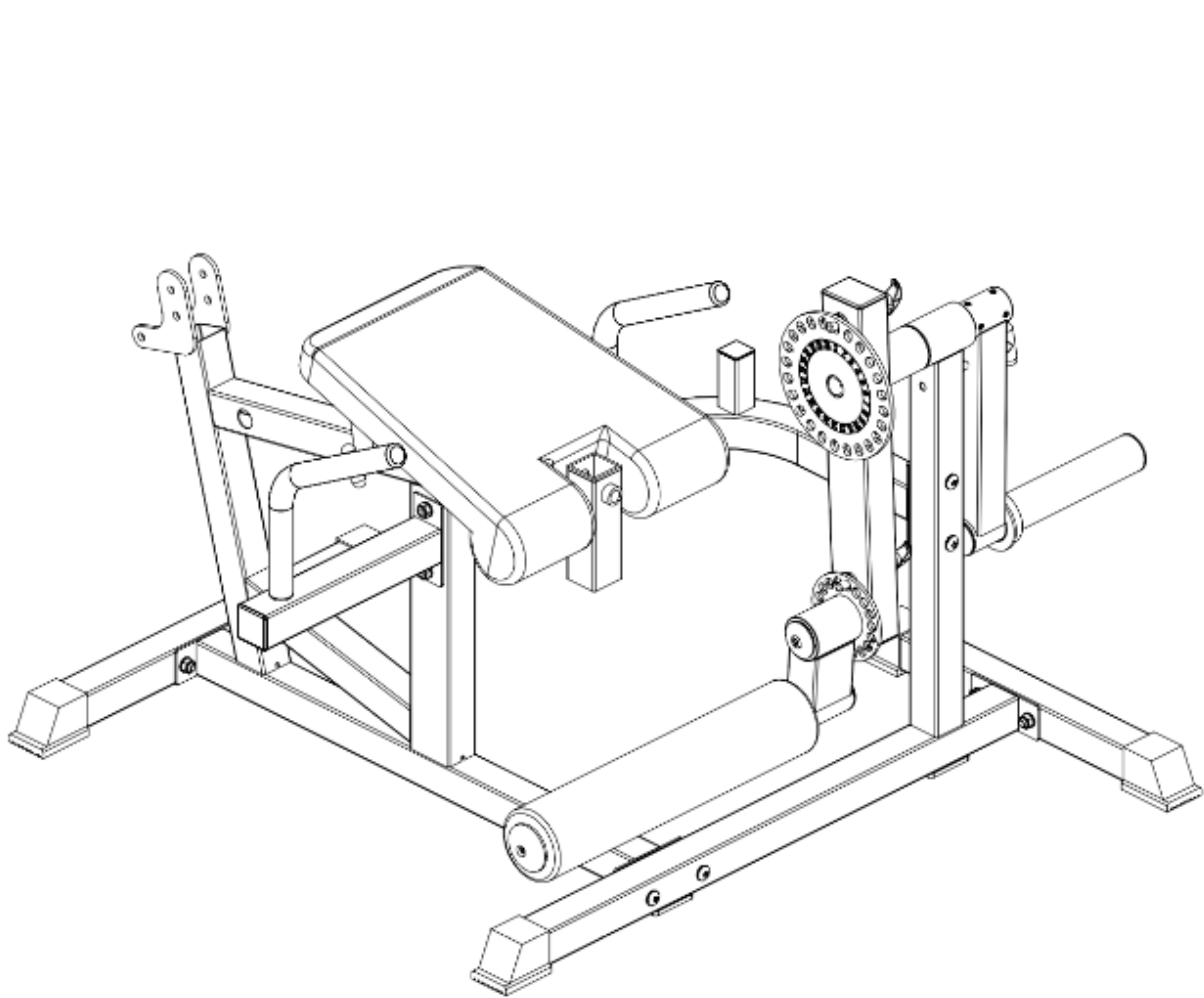


Fix leg press tube-12 fastening on main frame using M10x25 button head socket screw-13 and end cap-14

Step 4



No.	Description	Note	Qty.
15	seat pad		1
16	T shape pin	$\Phi 10 \times 100$	1
17	seat pad tube		1
18	button head socket screw	M8x40	4
19	washer	$\Phi 8$	4
20	shaft	$\Phi 10 \times 211$	1

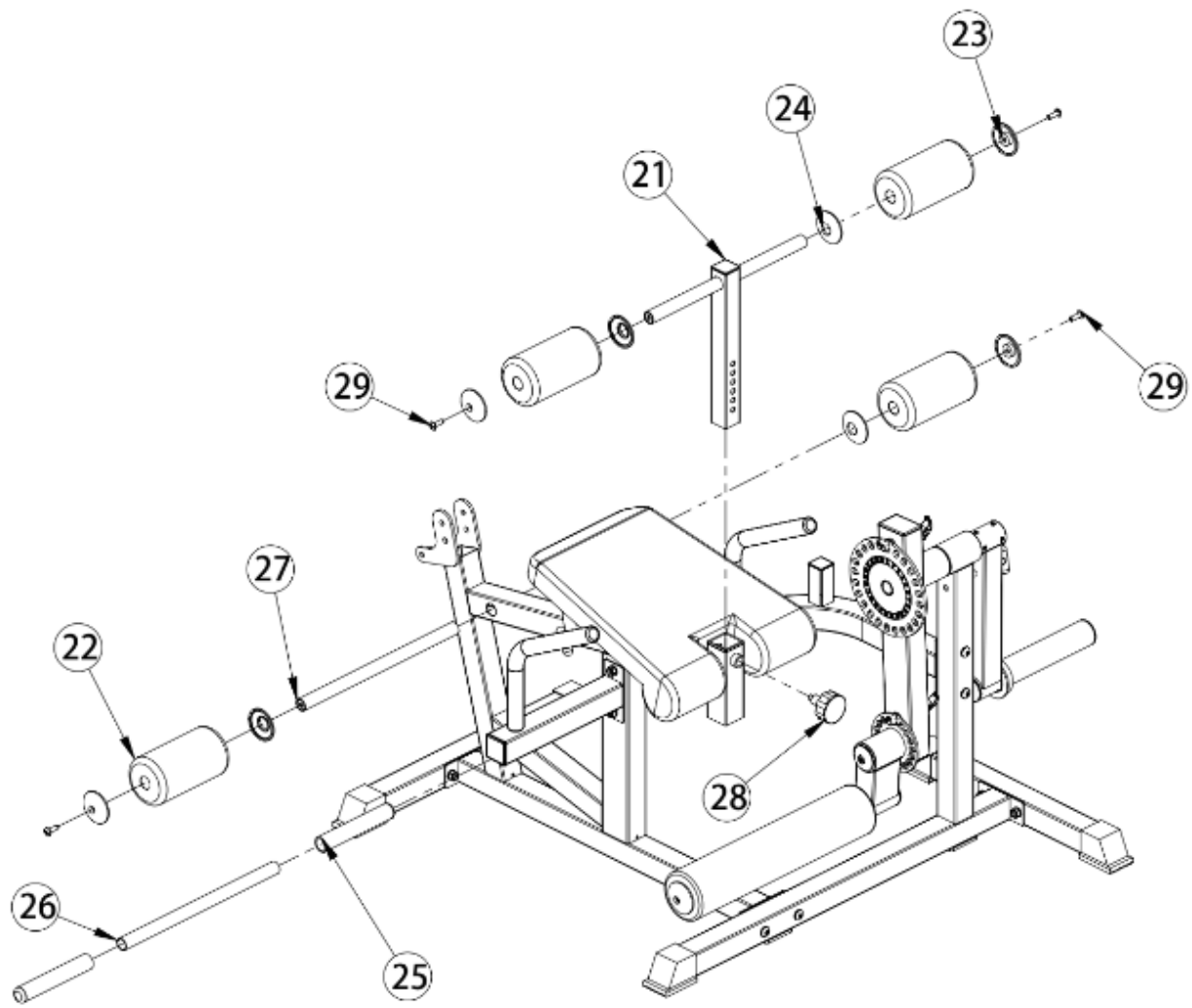


1 Fix seat pad tube-17 fastening on main frame using shaft-20, $\Phi 10$ washer-6 and M10 lock nut-7

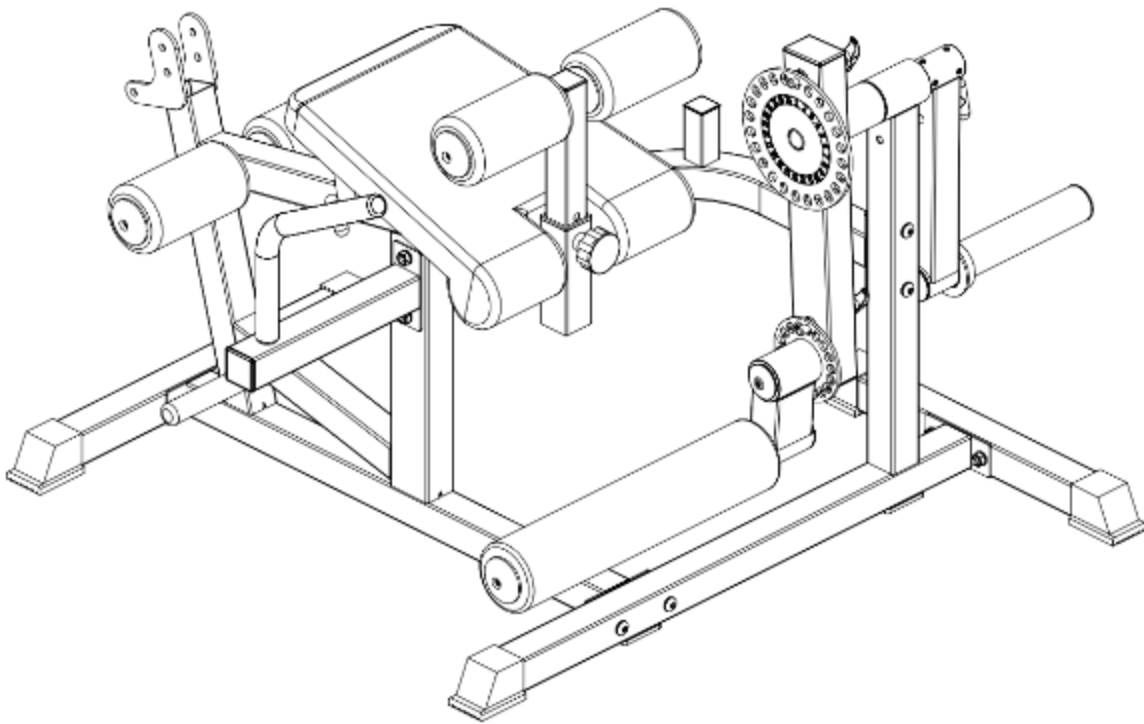
2 Fix seat pad-15 fastening on seat pad tube-17 using M8x40 button head socket screw-18, $\Phi 8$ washer-19

3 Insert T shape pin-16 into seat pad tube-17

Step 5



No.	Description	Note	Qty.
21	selector tube		1
22	foam		4
23	foam outer cap		4
24	foam inner cap		4
25	leg foam rod cover	Φ25x185	2
26	leg foam rod	Φ25x410	1
27	foam rod	Φ25x410	2
28	locking spring knob		1
29	button head socket screw	M8x25	4

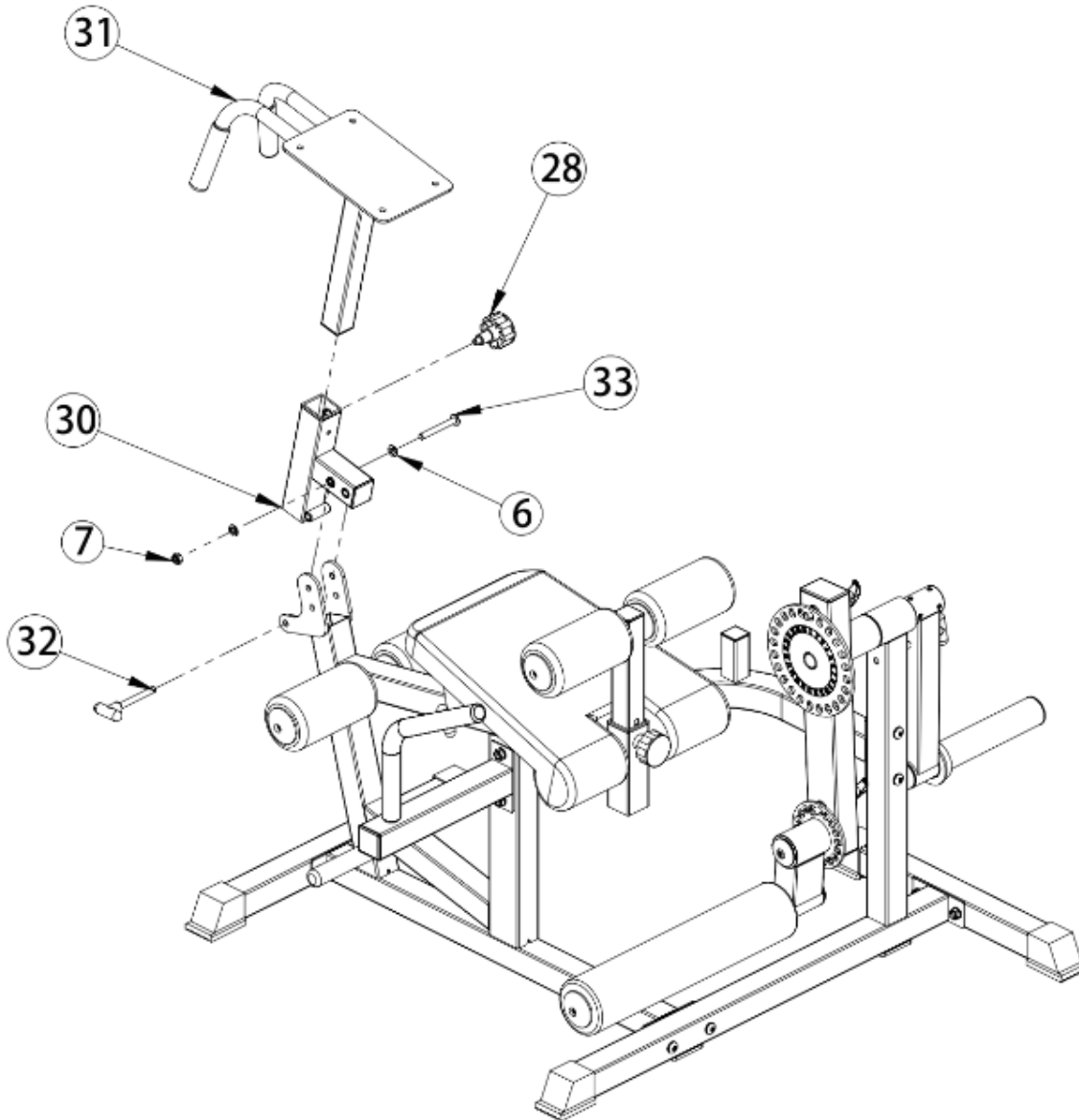


1 Fix foam inner cap-24, foam-22, foam outer cap-23, button head socket screw-29 fastening on selector tube-21 Fix selector tube-21 fastening on main frame using locking spring knob-28

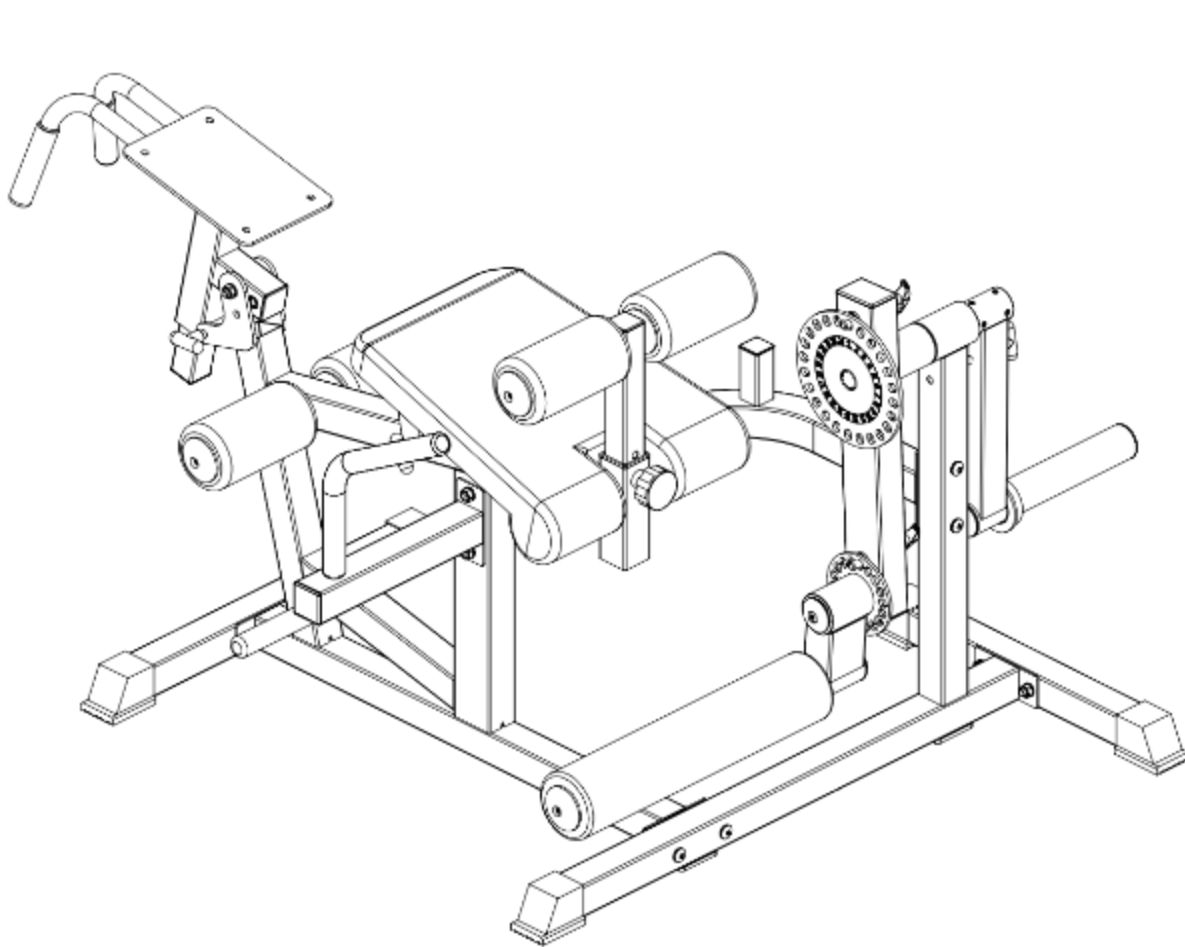
2 Fix foam rod-27 with foam inner cap-24, foam-22, foam outer cap-23, button head socket screw-29 fastening on main frame

3 Fix leg foam rod-26 and leg foam rod cover-25 on main frame

Step 6



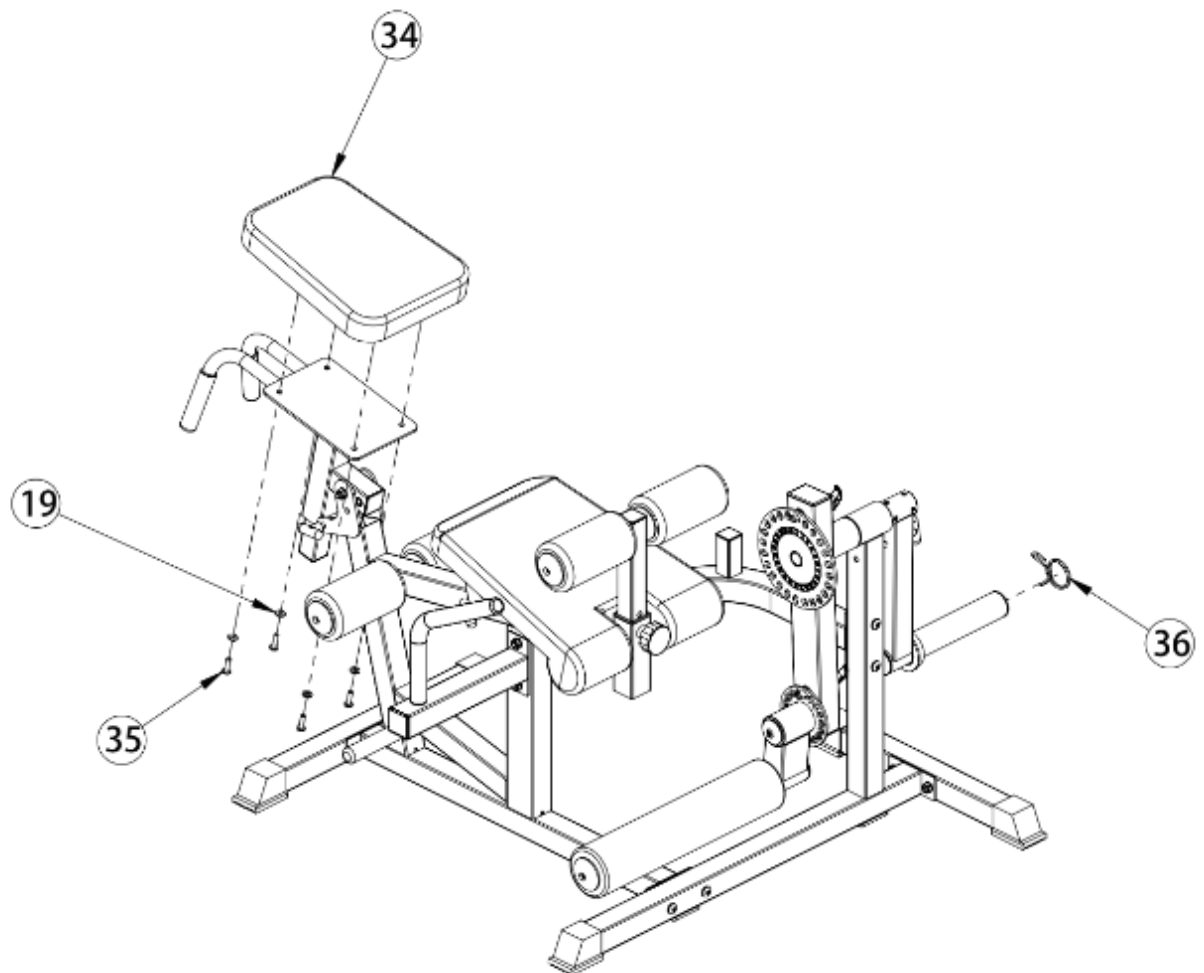
No.	Description	Note	Qty.
6	washer	Φ10	2
7	lock nut	M10	1
28	locking spring knob		1
30	back pad adjuster frame		1
31	back pad tube		1
32	T shape pin	Φ10x85	1
33	button head socket screw	M10x80	1



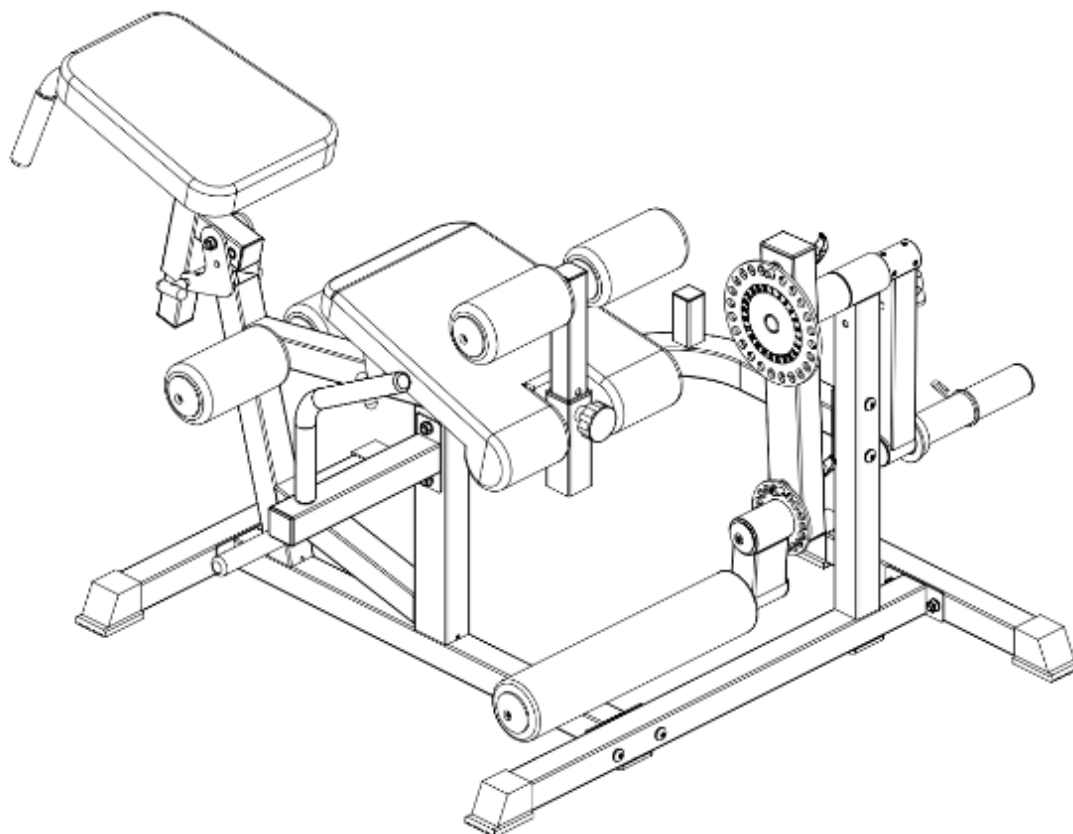
1 Fix back pad adjuster frame-30 fastening on main frame using M10x80 button head socket screw-33, $\Phi 10$ washer-6 and M10 lock nut-7

2 Fix back pad tube-31 fastening on main frame using locking spring knob-28

Step 7



No.	Description	Note	Qty.
19	washer	Φ8	4
34	back pad		1
35	button head socket screw	M8x20	4
36	spring collar		1



Fix back pad-34 fastening on back pad tube using M8x20 button head socket screw-35, $\Phi 8$ washer-19