

# infiniti

## SM2560



## COMPUTER INSTRUCTION

# COMPUTER(SM2560) INSTRUCTION

## DISPLAY FUNCTIONS

| ITEM         | DESCRIPTION                                                                                                                                                                                                                                                                     |
|--------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| TIME         | Count up - No preset target, Time will count up from 00:00 to maximum 99:59 with each increment is 1 minute.<br>Count down - If training with preset Time, Time will count down from preset to 00:00.<br>Each preset increment or decrement is 1 minute between 00:00 to 99:00. |
| SPEED        | Displays current training speed. Maximum speed is 99.9 KM/H or ML/H.                                                                                                                                                                                                            |
| RPM          | Displays the Rotation Per Minute. Display range 0~15~999                                                                                                                                                                                                                        |
| DISTANCE     | Accumulates total distance from 0.0 up to 99.9 KM or ML. The user may preset target distance data by using UP/DOWN button.<br>Each preset increment or decrement is 1KM or ML between 0.0 to 99.0.                                                                              |
| CALORIES     | Accumulates calories consumption during training from 0 to maximum 999 calories.<br>(This data is a rough guide for comparison of different exercise sessions which can not be used in medical treatment.)                                                                      |
| PULSE        | User may set up target pulse from 0 - 30 to 230; and computer buzzer will beep when actual heart rate is over the target value during workout.                                                                                                                                  |
| WATTS        | Display current workout watts.<br>Display range 0~999.                                                                                                                                                                                                                          |
| MANUAL       | Manual mode workout.                                                                                                                                                                                                                                                            |
| PROGRAM      | 12 PROGRAM selection.                                                                                                                                                                                                                                                           |
| USER PROGRAM | User creates resistance level profile.                                                                                                                                                                                                                                          |
| H.R.C.       | Target HR training mode.                                                                                                                                                                                                                                                        |
| WATT PROGRAM | WATT constant training mode.                                                                                                                                                                                                                                                    |

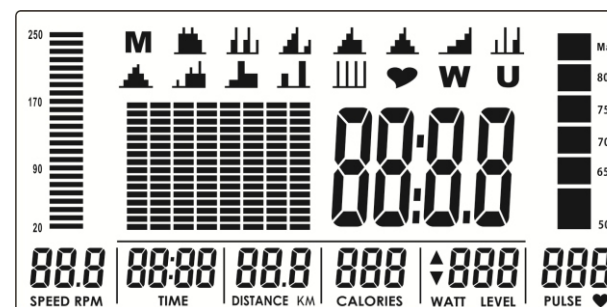
## KEY FUNCTIONS

| ITEM           | DESCRIPTION                                                                                                                                       |
|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| Up (Encoder)   | Increase resistance level<br>Setting selection.                                                                                                   |
| Down (Encoder) | Decrease resistance level<br>Setting selection.                                                                                                   |
| Mode / Enter   | Confirm setting or selection.                                                                                                                     |
| Reset          | Press and hold for 2 seconds, computer will reboot and start from user setting.<br>Reverse to main menu during preset workout value or stop mode. |
| Start / Stop   | Start or Stop workout.                                                                                                                            |
| Recovery       | Test heart rate recovery status.                                                                                                                  |
| Body fat       | In stop mode, press it for body fat measurement.                                                                                                  |

## OPERATION PROCEDURE

### POWER ON

Plug in power supply, computer will power on and display all segments on LCD for 2 seconds (Drawing 1).



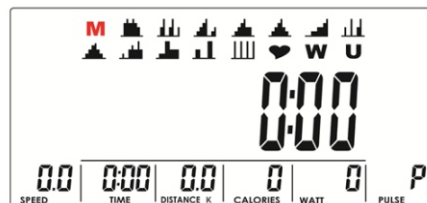
(Drawing 1)

# COMPUTER(SM2560) INSTRUCTION

Then enter into User data setting. Use UP or DOWN (Encoder) to select U1~U4, then set SEX(♂MALE/♀FEMALE), AGE(A : 1~99), HEIGHT (Drawing 2,H : 100~200), WEIGHT(W : 20~150) and confirm by pressing MODE / ENTER key. When finishing user data profile, Console come to main menu (Drawing 3).



(Drawing 2)



(Drawing 3)

## WORKOUT SELECTION

Use UP or DOWN (Encoder) to select workout : M(Manual) → P(Program 1-12)  
→ ♥ (H.R.C) → W(WATTS) → U(User), press MODE / ENTER to get into.

## MANUAL MODE

Press START in main menu may start workout in manual mode directly.

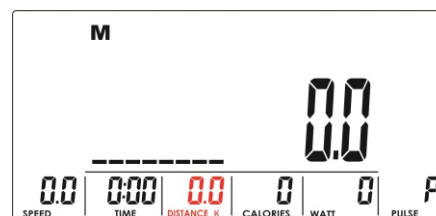
1. Use UP or DOWN (Encoder) to select workout program, choose M and press MODE / ENTER to get into.
2. Use UP or DOWN (Encoder) to adjust load level (Drawing 4), preset value 1.
3. Use UP or DOWN (Encoder) to set TIME (Drawing 5), DISTANCE (Drawing 6), CALORIES (Drawing 7), PULSE (Drawing 8) and press MODE / ENTER to confirm.
4. Press START/STOP key to start workout. During workout, user can also adjust load level by using UP or DOWN (Encoder). Load level display in WATT window, no adjusting for 3s, it will switch to display WATT (Drawing 9).
5. Press START/STOP key to pause workout. Press RESET to reverse to main menu.



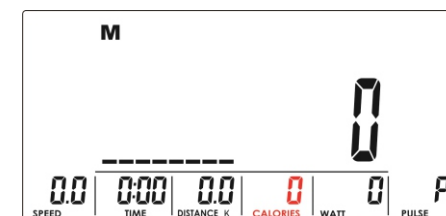
(Drawing 4)



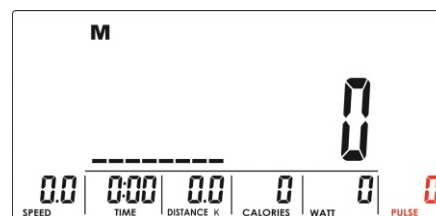
(Drawing 5)



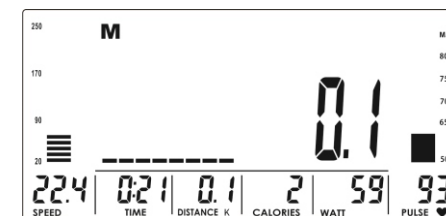
(Drawing 6)



(Drawing 7)



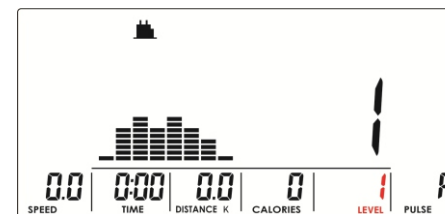
(Drawing 8)



(Drawing 9)

## PROGRAM MODE

1. Use UP or DOWN (Encoder) to select workout Program, choose P01, P02, P03, ..., P12 and press MODE / ENTER to get into.
2. Use UP or DOWN (Encoder) to adjust load level (Drawing 10), preset value 1.
3. Use UP or DOWN (Encoder) to set TIME.
4. Press START/STOP key to start workout. During workout, user can also adjust load level by using UP or DOWN (Encoder).
5. Press START/STOP key to pause workout. Press RESET to reverse to main menu.

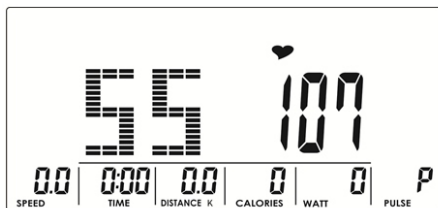


(Drawing 10)

# COMPUTER(SM2560) INSTRUCTION

## HRC MODE

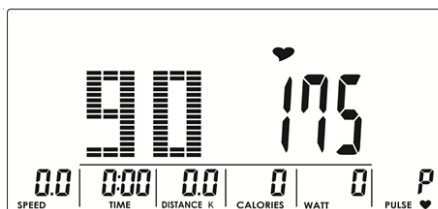
1. Use UP or DOWN (Encoder) to select workout program, choose ♥ (H.R.C) and press MODE / ENTER to get into.
2. Use UP or DOWN (Encoder) to select 55%(Drawing 11),75%(Drawing 12),90% (Drawing 13) or TAG (TARGET H.R., default: 100) (Drawing 14). When select TAG, use UP or DOWN (Encoder) to set value 30~230.
3. Use UP or DOWN (Encoder) to set workout TIME.
4. Press START/STOP key to start or stop workout. Press RESET to reverse to main menu.



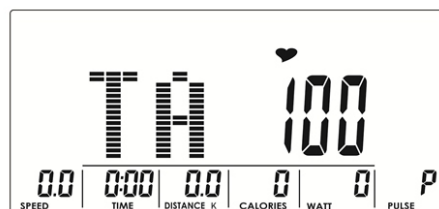
(Drawing 11)



(Drawing 12)



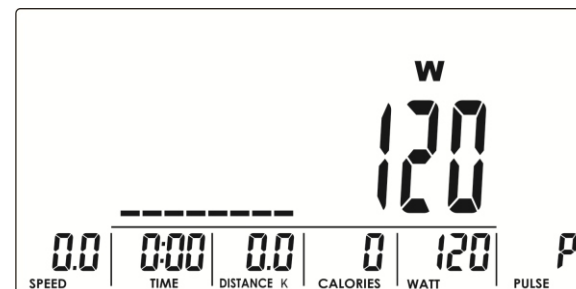
(Drawing 13)



(Drawing 14)

## WATT MODE

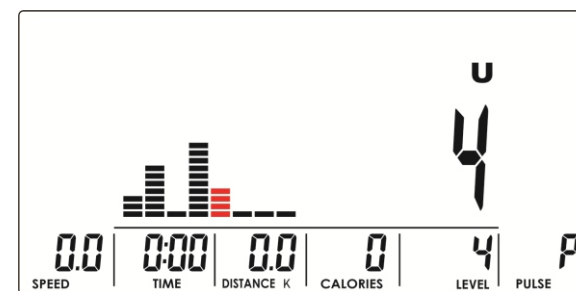
1. Use UP or DOWN (Encoder) to select workout program, choose W and press MODE / ENTER to get into.
2. Use UP or DOWN (Encoder) to set WATT target. (default: 120, Drawing 15)
3. Use UP or DOWN (Encoder) to set TIME.
4. Press START/STOP key to start workout. During workout, system will adjust load level automatically based on user training status. User can use UP or DOWN (Encoder) to adjust Watt level.
5. Press START/STOP key to pause workout. Press RESET to reverse to main menu.



(Drawing 15)

## USER PROGRAM MODE

1. Use UP or DOWN (Encoder) to select workout program, choose U and press MODE / ENTER to get into.
2. Use UP or DOWN (Encoder) to create user profile (Drawing 16). There are total 8 column, user can adjust each column load level. User can hold MODE / ENTER 2 seconds to quit during setting.
3. Use UP or DOWN (Encoder) to set TIME.
4. Press START/STOP key to start workout. During workout, user can also adjust load level by using UP or DOWN (Encoder).
5. Press START/STOP key to pause workout. Press RESET to reverse to main menu.

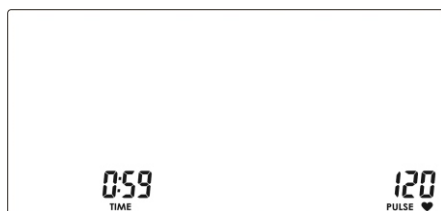


(Drawing 16)

# COMPUTER(SM2560) INSTRUCTION

## RECOVERY

After exercising for a period, keep holding on hand grips or wearing chest strap and press RECOVERY key. All function display will stop except "TIME" starts counting down from 00:60 to 00:00 (Drawing 17). Screen will display your heart rate recovery status with the F1, F2....to F6 (Drawing 18). F1 is the best, F6 is the worst. User may keep exercising to improve the heart rate recovery status. (Press the RECOVERY key again to return the main display.)



(Drawing 17)



(Drawing 18)

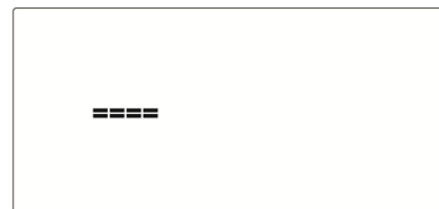
## BODY FAT

1. In STOP mode, press the BODY FAT key to start body fat measurement.
2. Console will display UX (Drawing 19) and start measuring (Drawing 20~21).
3. During measuring, users have to hold both hands on the hand grips. When console detect the pulse, LCD display as (Drawing 22) for 8 seconds until computer finish measuring.
4. LCD will display BMI (Drawing 23), FAT % (Drawing 24) and BODY FAT advice symbol (Drawing 25).
5. Error message:

- \*The LCD displays "----", "----"—means not hand the grip correctly.
- \*E-1—There is no heart rate signal input detected.
- \*E-4—Occurs when FAT% and BMI result is below 5 or exceeds 50.



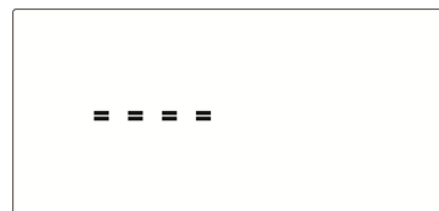
(Drawing 19)



(Drawing 20)



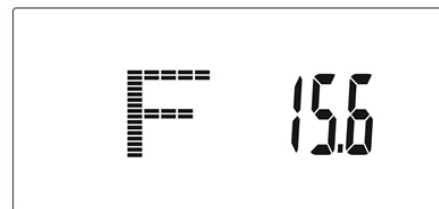
(Drawing 21)



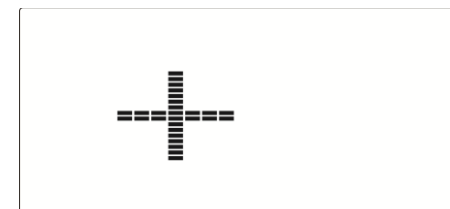
(Drawing 22)



(Drawing 23)



(Drawing 24)



(Drawing 25)

## NOTE

1. After 4 minutes without pedaling or pulse input, console will enter into power saving mode. Press any key may wake the console up.
2. When computer act abnormal, please plug out the adaptor and plug in again.

## APP



1. This console can connect APP on the smart device by Bluetooth or Tunelinc.
2. Once console is connect to smart device via Bluetooth or Tunelinc, the console will power off.